

HOOF NOTES

Winter/Spring 2014



2013
Commerce Lexington Inc.
Nonprofit
Award Winner
Central Kentucky Riding for Hope



Since CKRH received the award from Commerce Lexington, many people who are unfamiliar with the program have toured the facility at the Kentucky Horse Park and learned about its many equine-assisted therapies and activities.

HONOR AND OPPORTUNITY

Commerce Lexington names CKRH Nonprofit of the Year

“CKRH is providing hope to more people than ever before, and that’s good for our community and our state.” – Video about CKRH presented by Commerce Lexington

CKRH’s effort to increase awareness of the program by members of the business community in Central Kentucky received a significant boost on September 30, 2013, when Commerce Lexington Inc. named CKRH the Nonprofit of the Year at its Salute to Small Business Awards Luncheon at the Keeneland Entertainment Center.

Commerce Lexington, which works to advance economic development in Lexington and neighboring communities, has been recognizing the contributions that small businesses have on the area’s economy since 1986. In 2010, the organization reformatted its Salute to Small Business Awards program by adding and better defining categories. One of the eight awards categories is for nonprofits. To be considered for the award, an organization has to highlight services and fundraising efforts, show an ability to inspire and engage volunteers and reach a wide variety of groups

and people within the community.

“When CKRH joined Commerce Lexington a few years ago, we did so because we wanted to increase the scope of awareness of our program,” CKRH Executive Director Pat Kline said. “Our natural partners are the equine and medical communities, but we wanted to learn more about and reach out to the business community in our region.

“When we learned of the Salute to Small Business Awards and read about the criteria for entering the nonprofit category, we hoped we were a good fit.”

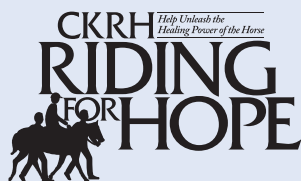
Kline said completing the application for the award caused CKRH staff to reflect on the history and development of the program.

“For me, it was a chance to remember the days when CKRH was operating at the black tobacco barn and raccoons fell through the ceiling and skunks walked in the door,” Kline said with a laugh. “Those were the days when the heat, the computer and the phone never worked at the same time. Now we have a phenomenal facility with an indoor arena, and we continue to be motivated

The Salute to Small Business Nonprofit Award recognizes a nonprofit organization that has shown significant impact and return on investment, the ability to inspire and engage volunteers and ways to maximize its output and reach within the community.

About Commerce Lexington Inc. Commerce Lexington Inc. was formed in January 2004 with the merger of the Greater Lexington Chamber of Commerce, Lexington United and the Lexington Partnership for Workforce Development. Commerce Lexington Inc. seeks to promote economic development, job creation and overall business growth in Lexington and its neighboring communities while strengthening its existing businesses through the many programs and services that the organization offers. It was created to provide more continuity and enhanced focus in the areas of business, economic development and workforce development.

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Contact Information:

CKRH

Kentucky Horse Park

P.O. Box 13155

Lexington, KY 40583

Phone: (859) 231-7066

Email: information@ckrh.org

Internet: www.ckrh.org

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Newsletter Design: Kathy Lacy
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greenfieldgd@gmail.com

HONOR AND OPPORTUNITY continued from cover

by the overwhelming gratitude for those who have helped and supported CKRH for the last 33 years.”

More than 300 people attended the business awards luncheon at Keeneland. Kline said the CKRH representatives who were there gave away every piece of literature they brought and made many new friends. A copy of the video about CKRH that was developed for the awards luncheon was presented to the organization, and Kline said, “It is a wonderful, useful tool that will be with us for a long time to come.”

You can watch the video on CKRH’s website at <http://www.ckrh.org/Salute%20to%20Small%20Business%20Non-Profit%20Award.html>

Since receiving the award, Kline said many people who were unfamiliar with CKRH have toured the facility and learned about the program.

“We thank our friends at Commerce Lexington for honoring CKRH and providing this tremendous opportunity to share our program with a new audience,” she said.

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THERAPY HORSE SPOTLIGHT: Doc

One of the most versatile members of CKRH equine therapy herd is Doc, a 10-year-old palomino Quarter Horse gelding.

“He has so far been ridden by veterans, done Therapeutic Riding lessons, participated in some un-mounted activities, and students in The STABLES have learned some natural horsemanship techniques with him,” said CKRH Equine Manager Amanda Workman. “Doc is a very sweet-natured horse who gets along easily with other horses, and he loves attention.”

Doc, who joined CKRH in January 2013, has a background in hunter/jumper and dressage activities but also has been ridden western and in trail. He is leased to CKRH by his owner, a teenage girl from Richmond, Kentucky, who considers him her “forever” horse. Workman said Doc is a beloved member of her family, and members visit him regularly at CKRH.

“Doc’s owner became too busy to keep both of her horses and was excited to find out a lease with CKRH was an option,” she said.

In October 2013, Doc and Workman, along with John R. and CKRH Instructor/Equine Trainer Lisa Swanson, participated in the Lexington Mounted Police Civilian Sensory Course at the Kentucky Horse Park. Participation in the clinic, which offers invaluable training for the mounted police horses, was offered to CKRH at no charge.

“We thought the course would be good exposure for Doc to enable him to experience new sights, people and horses,” Workman said.

“We both enjoyed the obstacles,” she added. “Doc was very curious and willing to try new things. We especially had fun with the big horse-sized teeter-totter.”

Swanson said Doc is a favorite in The STABLES program at CKRH. His gentle nature and kind eye draw students to him and help build their confidence.

“Doc is a quick learner and always tries hard to please,” she said.

Swanson invites visitors to the barn to stop by to say hello to Doc. “He loves making new friends,” she said.



Doc, who participated in the Lexington Mounted Police Civilian Sensory Course, is one of the newest members of CKRH’s equine team.

THE BARN IS BUSY

Therapeutic Riding and Hippotherapy are the foundation of CKRH, but we offer many other activities, courses, workshops and seminars throughout the year. Here is a recap of activities from the last half of 2013:

JUNE

U.S. Pony Club Mega-Rally: The Mid-South Region of the U.S. Pony Club hosted the 2013 Mega-Rally at the Kentucky Horse Park June 21-23. Two CKRH Pony Club members had their D1 rating and were eligible to compete. Emily S. placed sixth on Annie in Jumping and Dressage. Makenzie S. placed 8th on Astrid in Jumping and Dressage ... Seven Pony Club members earned badges during 2013: Rebecca C. (walk badge), Makayla S. (trot badge), Makenzie S. (trot badge), Addeston L. (mount/dismount badge and balanced seat/good hands badge), Catherine B. (balanced seat/good hands badge), Anabeth S. (balanced seat/good hands badge) and Irene K. (balanced seat/good hands badge).



Horse Crazy Camp: CKRH hosted two Horse Crazy Camps with a record-breaking 16 participants. Activities included driving with CKRH Driving Instructor

Maggie Garrison and her horse, Brigade; a tour of the Kentucky Horse Park museums and the Kids Barn along with a carriage ride; a visit from Kentucky Horse Park Mounted Police with a demonstration; and crafts and water fun.

Pony Club Camp: Ten CKRH participants completed their first aid badge. They toured Hagyard Equine Medical Institute, saw a demonstration by Kentucky Back Country Horsemen, took a trolley ride at the Kentucky Horse Park and toured the International Museum of the Horse, attended the Arabian Horse Show at the Alltech Arena and made fun crafts.

JULY

Healing Hooves: The event is our popular collaboration with Hospice of the Bluegrass. Teams of youngsters aged 6-13 engaged in fun, nurturing activities such as a scavenger hunt, horse grooming, obstacle courses, crafts and family activities to help mend sad hearts after the recent loss of a loved one.

Hats Off Day: CKRH took advantage of donated booth space at the Kentucky Horse Park/Rood & Riddle's Hats Off Day. The celebration of Kentucky's horse industry is for families with events and activities to educate and acknowledge the contributions the equine industry makes to our state.

AUGUST

ASIST Workshop: The ASIST (Applied Suicide Intervention Skills Training) Workshop educated Army leaders, chaplains, substance abuse counselors and other care providers to a range of suicide prevention and intervention skills that can immediately assist military combat veterans in crisis. A new CKRH program in 2013, the workshop followed the successful March international train-the-trainer seminar (whose attendees came from as far away as London, England) for future ASIST facilitators.

SEPTEMBER



Special Olympics: The 2013 Special Olympics Kentucky Equestrian Competition at the

Kentucky Horse Park was host to 64 Special Olympics riders from around the state. Five participants in CKRH showed ... Ruth M. received a gold medal on Sargent, Sara J. a Silver medal on Heirator and Kelly V. a participation ribbon on Sargent in Working Trails (Level C-I). Celine P. earned a silver medal on Astrid in English Equitation (Level C-S). Peyton M. took the silver medal on Heirator in English Equitation (Level B-S).

OCTOBER

Harvest Tack Sale and Trail Ride: We thank the Kentucky Horse Park and the Barton brothers, who own the farm adjoining CKRH, for allowing riders to enjoy 12 miles of meandering trails on their land. On the gorgeous day, riders took Ride-A-Thon groups took to the trail, and Shirley Gentry, who creates the costumes for NIGHT OF THE STARS, judged the popular costume class. Thanks to these

sponsors: Premiere (Darley, Linda and Chris Willson/Homes and Horse Farms Ky), Gold (Chet Blackey, DVM, Grovendale Sales and J.T. and Andrea Ice), Silver (Congleton Beef) and Bronze (Horse Cents, Nicholson Insurance, Nina Hahn Equine Insurance and Stephen Slabaugh).

NOVEMBER

National Guard Day: CKRH welcomed statewide Family Service staff members from the Kentucky National Guard for continuing education and networking. They were served a delicious lunch by The STABLES culinary class and engaged in team-building exercises with our equine therapists.



Gingerbread Houses for Hope 2013: St. John & Myers Antique and Fine Jewelry on Old Vine Street hosted the Third Annual Gingerbread Houses for Hope.

People were asked to create gingerbread houses for the competition. The houses were on display in the store from November 23-December 21, and shoppers could vote on them. The houses were auctioned with proceeds benefiting CKRH. The winner with 123 votes was Denise Ponder's "Old Log Cabin."

DECEMBER

Workshop and clinic: CKRH hosted the American Hippotherapy Association (AHA) Level 1 Clinic and the PATH International Registered Level Instructor Workshop & Certification. Congratulations to these CKRH instructors in training who gained their PATH teaching certification: Allie Barnett, Mercedi Carpenter, Christina Pescatore and Sarah Ritter.

Holiday Party: More than 100 participants, volunteers and staff attended the annual party. Thanks to all who attended and brought delicious dishes to share. Santa made an appearance and gave away his tickets to a UK men's basketball game to one lucky attendee. We celebrated the season and were thankful for all the good fortune at CKRH during 2013.

NIGHT OF THE STARS '14 PROMISES EXCITING EVENING OF DINING AND ENTERTAINMENT



NIGHT OF THE STARS, annually held at the Keeneland Entertainment Center, is CKRH's signature fundraiser with numerous opportunities for guests to support the program.

CKRH and a team of volunteers are working on plans for NIGHT OF THE STARS '14, CKRH's signature fundraiser on June 21 at the Keeneland Entertainment Center, and the event offers many opportunities for everyone to get involved.

"The Enchanted Garden" is the theme of the event, which features cocktails, dinner, Silent and Live Auctions and a performance by Joey and the Cruisers. The highlight is the presentation of CKRH students and horses wearing elaborate themed costumes created by volunteer Shirley Gentry. The highest bidder for each horse gains a year's sponsorship of that horse, along with a commemorative photo and plaque.

"This will be the 11th NIGHT OF THE STARS, and those who attend year after year and first-time guests tell us the event is the most unique combination of dining and entertainment they have experienced in the

Lexington area," said CKRH Executive Director Pat Kline. "NIGHT OF THE STARS showcases CKRH, our horses, our volunteers and our students, and guests go home knowing the program is making a difference in many lives."

Each year at NIGHT OF THE STARS, at least one group of friends and business associates team up to form a syndicate to purchase a horse in the Live Auction. That way, members of the group share the cost of the purchase while they share the

rewards of helping CKRH.

"We encourage people to form syndicates to bid on the horses," Kline said. "NIGHT OF THE STARS is really fun when groups of people share the excitement of the evening."

Live and Silent Auction items include trips; paintings and photography; furniture; Chinese antiques; jewelry; tickets to special events and family-friendly attractions; halters worn by famous Thoroughbreds; children's clothing and toys; gift certificates to popular area restaurants and businesses; items for equestrians; items for the home and garden; and a wide range of unique keepsakes.

Several special guests already have pledged to attend the event this year. Former University of Kentucky basketball star Josh "Jorts" Harrellson, now playing in the NBA, is the celebrity guest.

For more information about sponsorships, reservations and donations to the Live and Silent auctions, visit www.ckrh.org/nos or contact CKRH.



The \$14,000 top-priced offering at the 2013 event was "Referee," the team of T-Ball and Ann Catherine.

NIGHT OF THE STARS

Sponsorship Levels

GOLD | \$20,000 – Includes corporate logo display at main entrance; four-color full-page ad on back cover of event program; full-screen recognition on closed-circuit TV in dining room and Live Auction area; recognition on program sponsor page; recognition on event website with link; name on inside of invitation; name on two tables (10 seats each) with complimentary food and beverages.

SILVER | \$10,000 – Includes corporate logo display in barn area; full-color full-page ad on inside front or back cover of event program; full-screen recognition on closed-circuit TV in dining room and Live Auction area; recognition on program sponsor page; recognition on event website with link; name on inside of invitation; sponsor name on one table (10 seats) with complimentary food and beverages.

BRONZE | \$5,000 – Includes black-and-white full-page ad in event program; full-screen recognition on closed-circuit TV in dining room and Live Auction area; recognition on program sponsor page; recognition on event website with link; name on inside of invitation; sponsor name on one table (10 seats) with complimentary food and beverages.

CONSIGNOR | \$3,000 – Includes black-and-white quarter-page ad in event program; framed 5X7 photo of horse, stall card and consignor page in program; full-screen recognition on closed-circuit TV during equine auction; recognition on program sponsor page; recognition on event website with link; name on inside of invitation; sponsor name on one table (10 seats) with complimentary food and beverages.

TABLE | \$1,500 – Includes recognition on program sponsor page; recognition on event website with link; name on inside of invitation; sponsor name on one table (10 seats) with complimentary food and beverages.

DARLEY ALCIBIADES DAY MAKES CKRH A WINNER

The globally successful Thoroughbred breeding and racing operation owned by Sheikh Mohammed bin Rashid Al Maktoum, Darley has sponsored the \$400,000 Alcibiades Stakes on opening day of the fall racing season at Keeneland Race Course since 2003. The Darley Team generously shares this day of Thoroughbred racing with a nonprofit organization each year. For October 4, 2013 CKRH was selected as the lucky charity, and the day became one of the most memorable days ever.

The day began with breakfast at the magnificent Darley at Jonabell, Darley's farm on Bowman Mill Road not far from Keeneland for the CKRH staff and 100 of our closest friends, which included representatives of our programs and many volunteers. Students from The STABLES program, their teachers, CKRH participants and volunteers enjoyed an elegant breakfast prepared by Cooper Vaughn and served on the Bell House Veranda, which offers magnificent views in every direction.

After breakfast, our group rotated through three different tours of the farm: a sightseeing tour on a hay wagon; a tour of the stallion barns and breeding shed; and a tour of the farm office, where we admired the beautiful photographs of the Darley stallions and owners as well as the amazing trophy display. Most of the people in our group were first-time visitors to Darley and all left with a lasting impression: We want to go back!

The day continued in the Keeneland Clubhouse, where CKRH staff and 50 others, including members of the Board of Directors and loyal supporters, enjoyed an afternoon at the races. In the winner's circle between races, Darley President Jimmy Bell presented CKRH

with a check for \$10,000 in recognition of CKRH as the designated charity of the day.

"Our program is so very grateful for this wonderful gift," CKRH Executive Director Pat Kline said. "This day was the rarest of opportunities for CKRH: a chance for us to acknowledge our participants and volunteers, educate our students, give something back to our supporters and gather as an entire staff off site. The monetary gift was wonderful; the awareness gained was priceless. Our deepest thanks to the Darley Team and to Keeneland for making this happen for CKRH."

In the paddock prior to the Alcibiades, which is for 2-year-old fillies racing 1 1/16 miles, Kline was asked to select the best turned-out horse. She chose eventual the winner, My Conquestadory.

The day was a winner from start to finish.



Darley President Jimmy Bell presents CKRH Executive Director Pat Kline with a generous \$10,000 donation.

THANKS TO OUR DONORS

JULY 1 - DECEMBER 31, 2013

This list does not include NIGHT OF THE STARS sponsors.

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SPECIAL THANKS

To **EQUUS FOUNDATION** for its \$4,000 grant to support Hippotherapy and Therapeutic Riding sessions.

To **AMERICAN QUARTER HORSE FOUNDATION** for its \$3,275 grant to support continuing education scholarships for CKRH staff within the equine therapy industry.

To **UNIVERSITY OF KENTUCKY STUDENT VOLUNTEER GROUP** that raised \$2,500 for the "Wheels to Heal" project, a fundraiser to help CKRH buy a replacement ATV vehicle for the barn.

VOLUNTEER SPOTLIGHT: Hay Crew

CKRH would like to acknowledge all of our volunteers who give so much time, talent and heart to the program throughout the year. We look to our volunteers to be here, week after week, in the heat, the rain and the cold to care for our horses, support our riders and help with the many tasks that need to be done every day.

One segment of the volunteer team at CKRH is the Hay Crew, the team of volunteers who feed and care for our horses. No matter the weather or the time of year (including holidays), the faithful members are here to take excellent care of our equine partners.

To be a member of the Hay Crew, people must complete new volunteer orientation and hands-on training along with extensive Hay Crew training. Additionally, Hay Crew members must:

- Have six months of minimal and consistent volunteer experience at CKRH;
- Be able to identify and differentiate between horses;
- Feed hay, grain and supplements;
- Clean automatic waterers and troughs;
- Check horses for illness or injury;
- Bring horses in and out of the fields as needed;
- Prepare and clean stalls, muzzles and blankets as needed;
- Clean and put away feed pans, buckets, rakes, muck tubs and other tools; and
- Clean the miniature-horse pen, the fields and arenas, along with maintaining a clean, obstacle-free barn.

"We want all our volunteers to know that we recognize their efforts and commitment," CKRH Volunteer Coordinator Keri Manley said. "We thank the volunteers for their generosity, and thank them for their dedication. We celebrate the kindness and uniqueness of each and every CKRH volunteer and rejoice in the common bond that has brought us all together."

If you want to know more about being a CKRH volunteer, visit <http://ckrh.org/volunteers.html> or email Manley at volunteers@ckrh.org.



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2014 CALENDAR *(events at CKRH, that benefit CKRH and/or involve CKRH)*

March 28	Final day of Therapeutic Riding Session I.
March 29	Paul Frazer Memorial Combined Test and Horse Show, Kentucky Horse Park.
April 7-11	Kentucky National Guard Resiliency Training <i>(first one of 2014; takes place monthly)</i>
April 7-May 31	Therapeutic Riding Session II.
April 21-26	Rolex Kentucky Three-Day Event (no services this week).
May 3	Kentucky Derby day activities, CKRH.
May 18	High Hope Steeplechase, Kentucky Horse Park.
May 31	Final day of Session II.
May 29-June 1	American Hippotherapy Association Level II Training Workshop.
June 2-26	Mini-Camp.
June 21	11th NIGHT OF THE STARS: "The Enchanted Garden," Keene Barn and Keeneland Entertainment Center.
July 7-11	Pony Club Camp I.
July 14-17	Pony Club Camp II.

For the latest dates of activities, visit ckrh.org and click the link titled "Calendar."

CKRH Mission Statement

Central Kentucky Riding for Hope is dedicated to enriching the community by improving the quality of life and the health of children and adults with special physical, cognitive, emotional and social needs through therapeutic activities with the horse.

Night of the Stars '14

Theme: The Enchanted Garden

Date: June 21, 2014

Location: Keeneland Entertainment Center

Time: 6 p.m.

Tickets: \$125 each

For information about sponsorships, reservations and donations to the live and silent auctions, please contact CKRH.