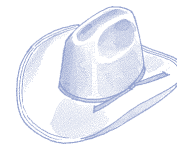


## Night of the Stars Heads West, Old West That Is . . .



Sacajawea, Buffalo Bill, Annie Oakley and their equine friends were among the characters who appeared during Central Kentucky Riding for Hope's fifth annual Night of the Stars on June 21 at the Keeneland Entertainment Center. They helped to capture the excitement of "How the West Was Won," the theme of CKRH's signature fundraiser. Some 470 people attended the event, which raised approximately \$200,000.

"We were delighted by the full-house, strong bidding in the live and silent auctions and the fact that \$35,000 was raised in immediate support of the Challenge Grant," said CKRH Executive Director Pat Kline. "The funding from this event is paramount to our present operational needs as we prepare to grow into our new facility."

As the evening began, guests – many dressed in Western attire – enjoyed beverages served at an Old West bar and made bids in the silent auction for such tempting choices as the weekend use of a Porsche Cayman, art and photography, children's items, engraved halters from famous Thoroughbreds, gifts for horse enthusiasts, dining and entertainment packages, landscape and gardening items, clothing, jewelry and items for home and office.

Guests then passed through swinging barroom doors to enter the Entertainment Center and enjoy a buffet dinner and music by the band Hasty Street. Dan Kenny was master



*Our Stars: (back row from the left) Kyle as Black Bart the Bandit; John Henry as Captain Brittles, U.S. Cavalry; Seth as Casey Jones; Peyton as Laura Little House; Drew Norby as Buffalo Bill; Sierra as Annie Oakley; (front row) Marian as Maverick the Gambler; Jasmine "Bibi" as Sacajawea, and Ashlyn as the Yellow Rose of Texas.*

of ceremonies for the evening. Guests heard Pat Caile describe how his daughter, Martha, has benefited from the 12 years she has participated in CKRH. Walter Palmer, Vice-President of the CKRH Board

of Directors spoke about the progress of the Capital Campaign Project and announced that the John Creech Family, an enthusiastic supporter of

*Continued On Page 6*

## David Mullins: A Lasting Contributor

David Mullins touched Central Kentucky Riding for Hope in so many ways. He made a lasting difference in the direction CKRH has taken and the professionalism the program has achieved.

David was a Vice President of the CKRH Board of Directors. He was instrumental in elevating the Board to a new level of problem solving by using his positive



perspective in all discussions. His glass was always half full! Our board was stronger, more professional and much more receptive to new ideas because of David.

Creative ideas were David's forte. He probably had four or five ideas in the time it took most of us to process his first suggestion. When he decided to

*Continued On Page 2*

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at the Kentucky Horse Park  
A Therapeutic Experience

Hoof Notes is published twice a year by Central Kentucky Riding for Hope. Readers' contributions, suggestions and comments are welcome.

CKRH

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# David Mullins

*Continued From Page 1*

“sell” us his favorite idea we all learned to listen. I feel certain he was a great horse salesman!

CKRH's signature fundraising event, Night of the Stars, was originated with David serving as co-chair. His visionary thoughts are directly responsible for the success of this now popular event in our community. He created the concept of Consignor Sponsorship of our horses for this event which really struck a chord with the thoroughbred constituency that has been such a part of CKRH. This sponsorship category is paramount to the fundraising success this event continues to enjoy.

Most importantly, David really believed in the “power of the horse” to help individuals with special challenges.

*David Mullins died August 18, 2008, after a long battle with cancer.*

Every time he had direct engagement with CKRH students his smile would be as big and as bright as the participants. David loved children and horses; he understood the “magic” of this program.

The week before he passed away, I was sitting at my desk looking over an array of “thinking of you” cards and trying to pick one. As I considered the David we all knew, none of the cards seemed to fit. I ended up Googling “Clean Horse Jokes” and found a joke regarding a Blonde and a Horse that I knew he would appreciate so I mailed that instead. We hope that it brought a smile to his face.

CKRH will miss David greatly. He made a difference within our program that will continue to be instrumental in our future. The skills he helped us develop will continue to guide us. David will always remain part of the fabric of Central Kentucky Riding for Hope.

--Pat Kline, Executive Director

## Equine Profile:

# Santee Socialite

Santee Socialite is a 23-year-old Pony of the Americas mare. This breed was started by crossing a Shetland pony stallion with an Arabian/Appaloosa cross mare. Socialite possesses the beautiful spotted blanket pattern of an Appaloosa and the short stature of a Shetland. She joined the CKRH team in December 2006 and is graciously leased to us by her current owner.

Socialite has proven herself to be very valuable to the program. Her characteristics make her an excellent mount for private lessons. Socialite loves to take care of her riders. She helps them overcome both behavioral and physical challenges. Children who do better with one on one attention from their instructor, verses riding in group lesson environments, love “Socie!” Her size makes her less intimidating and easier for the instructor to engage her rider, as they are right at the child's level.

Socialite was also wonderful at her first “Night of the Stars.” She played

Sacajawea's Indian pony and, thanks to Shirley, looked perfect in her costume, complete with moccasins for her front hooves.



Socialite and her pasture buddy, Annie, are looking forward to taking care of their riders and to visits from volunteers in the next session.

## *Where is Beth???*

Beth sends a larger than life THANK YOU for everyone's prayers, good wishes, support and gifts for baby Gentry. Gentry Shyne Godbey was born about 4:30 a.m. July 15<sup>th</sup> weighing 7 pounds and 11 ounces and 22 inches long. Gentry, mom and family are all doing well. Beth plans to return to TR lessons once Gentry is a least a few weeks old.

## *Did you know???*

CKRH is hosting an AHA Inc. Approved **Long Lining In Hippotherapy** course October 11<sup>th</sup> and 12<sup>th</sup>. Please contact Lisa Harris at 859-229-3483 if you are interested in more details.

# Megan Brinkman: A Volunteer Who Does It All

When Megan first attended volunteer training last spring it was evident that she was going to be an awesome volunteer.

Her passion for the program and helping our riders was contagious as well as her excitement to jump into lessons! Megan became one of the most dependable and devoted volunteers of the 2007 season.

She was devoted to the riders that she worked with and volunteered several times a week in both hippotherapy and therapeutic riding lessons.

She formed strong bonds with her

## TCA Grant Award

Thoroughbred Charities of American has awarded CKRH a grant for \$87,000. This gift is so important and vital to the program; especially at this time of programming growth and capital campaign goals. Central Kentucky Riding for Hope is deeply appreciative of this award and is proud to have been recognized by TCA. The accomplishments of TCA continue to touch the lives of many horses and the people associated with them; CKRH values the support and continued dedication of this wonderful organization.

## From the Program Director:

I learned a new term this session "a cart-wheel lesson". This term came about when I looked up one day only to see instructor, Jenny Jackson, doing cart-wheels down the barn aisle. The accomplishments from her previous lesson were so great Jenny's excitement could not be contained.

At that moment I realized once again how blessed the CKRH staff is to be a part of so many life changing moments for our participants.

The term instructor implies that we are teaching and I certainly hope we are. But day after day I realize that our participants are teaching us much more that we are teaching them.

So, thank you participants for sharing your lives, struggles and triumphs with us. We look forward to many great years ahead.

--Denise Spittler

riders and put effort into finding ways of understanding their behavior and the best ways to assist them in lessons.

When the 2007 therapeutic riding session ended, Megan's devotion to the program continued! Megan partnered with her employer at Best Buy who has a donation program for employees who volunteer in the community.

Throughout the 2007 season, Megan dutifully recorded her MANY volunteer hours. She was excited to be able to help CKRH with not only her hands on volunteering, but financially as well and was persistent with Best Buy until she received and delivered a check to CKRH.

Megan is an outstanding indi-

## Creech Family Challenge Grant

John Creech, Jr. and John Creech, III have challenged the community to help CKRH complete fundraising for the new facility.

The Creech family generously donated \$1 million in 2006 toward construction of the indoor arena and barn complex in honor of Virginia Creech who started the first pre-school for special needs children at Cardinal Hill Hospital.



Denise Spittler accepts the check from Megan Brinkman

vidual and CKRH, our riders and staff are very blessed to have her be a member of the CKRH family. We look forward to another successful 2008 season and catching Megan's contagious passion for the program. Thanks Megan!!!!

The challenge was issued at the annual NIGHT OF THE STARS gala and includes two parts: \$50,000 from John Creech, III which if successfully matched will result in an additional \$100,000 challenge from John Creech, Jr.

As we go to press, CKRH has successfully raised \$90,000 and is looking to close the gap on the remaining \$60,000. We thank the following donors for their generous support of this special effort: Carl and Wanda Nafzger, Rood & Riddle PSC, Bizantz Charitable Foundation, Catesby W. Clay; Carla and Jonathan Blanton, Dr. Helen Bartosek, John T. and Andrea M. Ice, John and Martha Jane Mulholland, Equine Medical Associates, Elaine Cruz Jones, Ralph and Cecile Stokley, Susan Stanley, Michael Scott and Nicole Carter, Scott and Donna Jo Firzpatrick and an anonymous donor.

## MISSION STATEMENT

*Central Kentucky Riding for the Hope is dedicated to enriching the community by improving the quality of life and the health of children and adults with special physical, cognitive, emotional and social needs through therapeutic activities using the horse.*

# The Meaning of Hope

*By Pat Calie*

I have often been asked what CKRH means to me, as the parent of a daughter with special needs who benefits from the kindness and generosity of the staff, volunteers, and animals of CKRH. My answers, at times, are varied, but always contain two central themes – joy in the present, hope for the future. But first, a bit about my daughter.

Martha is now a 20 year old young lady, and has been involved with the people and animals of CKRH for 14 years. Martha, in many ways is rather typical - she considers herself an equestrian (rightfully so), has been involved in Girl Scouts (Richmond Troop 1303), and is a recent graduate of the ECU Model Laboratory High School. Martha and Mom are now developing a home business, with a focus on custom made dog biscuits. Martha has a Facebook site which is quite active, and enjoys shopping at the mall and hanging out with friends. So, as you can see, Martha is a rather accomplished person in her own right.

A large measure of Martha's sense of empowerment comes from her weekly one hour riding sessions at CKRH. Imagine, if you will, for a few moments, what it is to be Martha. She is ambulatory (with assistance), but uses a wheelchair for most of her locomotive needs. For much of her time in public she is always looking up at people due to her sitting position in her chair, relying on someone else to propel her, and limited to wheelchair-friendly venues (sidewalks and the like). Now, envision her on her mighty steed, Chico (her favorite) at CKRH – she is astride this magnificent animal, looking down on those around her, in command (at least in her mind) of where she wants Chico to take her, whether it be in the riding ring or on a cross-country jaunt through the pastures and trails of the Horse Park. For Martha, this must almost feel like flying – in control, with freedom to move in any direction (with the approval of Chico's lead and side-walkers). Life is indeed good, when she is at CKRH partnering with her friend Chico and the wonderful volunteers. Martha is truly at her most joyful when riding at CKRH.

Now one can ask, perhaps rightfully so, as to the significance of CKRH and one person, in the "big scheme of things: "What difference could this possibly make, given all the people in this world in need?"

Let me share a wonderful story from our Hebrew brethren. There was, one night, a major storm that raged at sea. This tempest washed up upon the shore many marine life forms – starfish, clams and fishes, all manners of living creature. A rabbi walked down to the beach to observe the havoc. He noticed a little boy walking along the shoreline, carefully picking up one sea creature at a



*A great team: Judy Donahoe leading, Dave Schneider sidewalking and Martha riding her favorite horse, Chico.*

time and hurling it back into the ocean. The rabbi approached the boy, and said: "My little friend, look at all the creatures washed up here on the beach. The sun is now out, and in a matter of hours all these creatures will become dried out and lifeless. There must be thousands on this beach, and you cannot possibly reach more than a handful before death sets in. What possible difference can you make in all of this?" The young boy picked up a starfish, held it up to the rabbi and said: "Rabbi, to this starfish, I can make all the difference in the world." With that the boy hurled the starfish into the ocean to experience life renewed.

There is a Hebrew proverb, that states: "To save one life is to save the world." I would offer you, in terms of Martha and what CKRH offers her, "To provide hope to one, is to provide hope to the world."

## Kentucky Housing Contribution

The Kentucky Housing Corporation and the Southeastern Affordable Housing Management Association spotlighted the CKRH program at this year's Housing Management Conference in Louisville. Approximately 700 owners, management agents, and on-site personnel attended the conference and through their generosity a total of \$12,679 was raised for CKRH.

In addition, some of the participants contributed items from our wish list to the program. CKRH was deeply honored to have been selected as the recipient of such a generous group. Thank you!

# Shriner's Campers Enjoy Horse Time

Horse Time was a great opportunity for CKRH to share our services with patients from Shriners Hospital. Over a period of four days, campers from the Shriners Hospital Spina Bifida camp joined CKRH for two hours of therapeutic activities with our herd of miniature horses.

Activities included getting to know your horse by listening to their heart, measuring their weight and height and learning to describe their horse's markings.

Games were played such as dress-up relay. During this fast pace relay race, competitors would lead their mini



*The minis loved being part of this great group!*

minis along with each other! We hope to see everyone back again next year.

to the other end of the arena, pick up a dress-up item for themselves and their mini and return to their team to hand off their adorned mini to another team member.

Other adventurous activities included team members leading their miniature horses through the challenges of a cattle drive across the mid west. Even a thunder storm did not distract from the fun in the barn as everyone painted the

## Do You Have Riding Skills?

Do you have good horsemanship skills? Have you been teaching riding lessons at your own farm or a friends place? Maybe the role of CKRH instructor is right for you.

As we increase our services to the community, CKRH is always looking for new people to join the instructor team. The only pre-requisites are well developed horsemanship and riding skills along with a heart for sharing these skills with others. CKRH has an instructor in training program which includes a six

week series of courses taught at CKRH over each winter.

These courses focus on the basics such as disabilities and diagnosis, precautions and contraindications to equine activities, lesson planning and much much more. After completion of these courses, CKRH will offer a mentor to help each candidate complete the NARHA Instructor certification process.

If you are interested in learning more, please contact Denise Spittler at [denise@ckrh.org](mailto:denise@ckrh.org).

## Our Instructors Receive Training, Certification

Beth Godbey, Cindi Parkhill and Denise Spittler have completed Fundamentals of EAGALA Model Practice Part 1 and 2 trainings. These 42 hours of training focused on safety and therapy in the use of horses to assist in mental health treatment and human development.

LaTonna Wilson achieved Advanced NARHA Instructor

Certification. This certification process involves a rigorous three days of written, teaching and riding test. GO LaTONNA!

Ami Dineen (need to double check spelling), a long time CKRH volunteer has joined the Instructor team and completed her first session as an associated instructor. Welcome Ami!

## Pegasus Travel Donation

Pegasus Travel will donate 10 to 15% of its profit from all future cruises, tours & group travel arranged through Pegasus for CKRH supporters or for business referred to them by CKRH supporters.

To qualify for the CKRH donation, travelers only need to mention CKRH at the time they are making their travel plans. Pegasus will automatically track all CKRH-related travel & will forward a check to CKRH quarterly along with a list of travelers that have requested their travel be earmarked for a CKRH donation after their travel is completed. Ten percent will be donated for all individual cruises & tours & 15% for all group travel.

Pegasus is a full-service travel company established in 1989 that is Lexington owned & managed by an active CKRH volunteer. The company is located at 245 Lexington Avenue. The local telephone number is 253-1644 & those outside the Lexington area may call 800-228-4337 toll free; e-mails may be sent to [jan.pegasus@vacation.com](mailto:jan.pegasus@vacation.com).

# Night of



John Henry as Captain Britties,  
U.S. Cavalry on Zippo



*Guests were intrigued by the unique auction items.*



Seth as Casey Jones Railroad  
Man on Rocket Boy



*Longtime CKRH Supporters  
Dr. and Mrs. Peter Bosomworth*

*Continued From Page 1*

CKRH, had established a \$300,000 challenge grant whereby it would contribute \$150,000 if CKRH can raise that amount in donations and pledges.

After dinner, Kenny and auctioneer Tom Biederman conducted the live auction, which featured CKRH students and their horses wearing elaborate Old West costumes created by Shirley Gentry. Eight lots were paraded for auction with the winning bidder for each horse and rider gaining a year's sponsorship of the horse, along with a commemorative photo and plaque. Selling for the top price of \$7,500 to Paramount Sales was "Maverick the Gambler," the team of student Marian aboard Blue, a Tennessee Walking Horse who was a champion in the show ring.



Kyle as Black Bart on Chico



*The John Creech family and friend enjoy the party.*

"Maverick" was consigned by Ole Pony Farm (Scott W. Pierce and Bruce D. Gibbs). Other consignors were ArthroDynamic Technologies, Bluewater Farm and Sales, Domino Stud, Friends of CKRH, Gallery B, Hagyard Equine Medical Institute and Jim and Michelle Morehead/Carl and Wanda Nafzger.



*The gal who keeps  
us all organized,  
CKRH staff member  
Vickie Parker.*

The live auction also included another eight items.

Bringing the top price of \$4,500 from Bert Welker was a condo stay at Los Suenos Resort and Marina in Costa Rica donated by Hayley Sumner. Other live auction offerings were two tickets to the Ryder Cup at the Valhalla Golf Club in Louisville for the final day of the event with dinner at

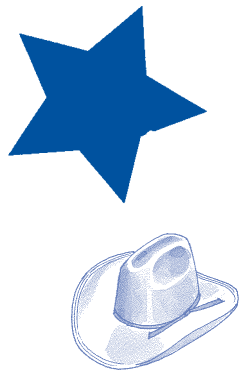


Sierra and Drew as Annie Oakley and Buffalo Bill  
with Merrylegs and Laredo.



*Dan Kenny, Stars  
Announcer and MC*

# nt the Stars



the Holly Hill Inn of Midway; an evening at Woodford Reserve, including dinner for eight and limousine service; John Henry memorabilia, including a halter worn by the legendary Thoroughbred; a cattle drive in Colorado; a Rolex stainless-steel watch; a 14K citrine and diamond pendant; a hand carved wooden rocking horse; and an original oil painting titled "Blue Cow."

"Night of the stars wouldn't be possible without the tireless work of ckrh volunteers and staff as well as the support of area businesses," said Kline.

Contributing to the event's success were these sponsors: Charles T. Creech (Gold Sponsor); Ashford Stud, Caitlin Insurance, The Goodnight Family, Keeneland and National City Bank (Bronze Sponsors); and table sponsors Dr. and Mrs. Peter Bosomworth, Calumet Farm, Central Baptist Hospital, Drayer Physical Therapy Institute, Equine Medical Associates, Fort Dodge Animal Health, Halcyon Farm/Jay and Cammie Bruner, Juddmonte Farms, Mulholland Springs Farm, Walter and Sandra Palmer, Powell, Walton Milward Insurance, Rood & Riddle Equine Hospital, Stites and Harbison, Toyota Motor Manufacturing, Kentucky, Inc. and Wickliffe Pharmaceuticals, Inc. (William and Jacqueline Bernard).

In 2009, Night of the Stars will be held on June 20<sup>th</sup>. SO PLEASE SAVE THE DATE.



**Executive Director Pat Kline and Board Emeritus J. T. Ice**



**CKRH Vice President Walter Palmer gives campaign updates.**



**Bibi as Sacajawea on Socialite**



**Which famous horse halter should I choose?**



**Marian as Maverick on Blue**



**Diane, Tavis and David Goodnight: three GREAT Volunteers!**



**Ashlyn as Yellow Rose of Texas on Annie**



**Helen Kline, Doris Barlow and friend.**



**Amy Owens, Mike Owens and Jeanne Cox-Owens all worked on STARS '08.**



**Peyton as Laura Little House on Ingrid**

# CALENDAR

Please go to [www.ckrh.org](http://www.ckrh.org) and choose the calendar option for the most up-to-date information.

<i>August 4 - September 27</i>	Therapeutic Riding Lessons
<i>August 29 - October 24</i>	Equine-Assisted Academic Learning Program (2 hours once per week)
<i>October 6 - October 17</i>	Therapeutic Retreats
<i>October 18 - October 24</i>	End of Year Festivities
<i>October - 24 &amp; 25</i>	Breeders Cup
<i>October 29 - November 1</i>	NARHA National Conference (Hartford, CT)
<i>November 1</i>	Harvest Trail Ride and Tack Sale (CKRH Fundraiser)
<i>November 27 &amp; 28</i>	Thanksgiving Holiday – Closed
<i>December 24 &amp; 25</i>	Christmas Holiday – Closed
<i>December 31</i>	New Year's Eve – Closed



*Two Lexington School middle-school students help CKRH with barn maintenance duties during their Spring 2008 community service day. Twelve young people spent the morning cleaning tack, scrubbing water troughs and other paddock maintenance tasks much to the delight and appreciation of CKRH staff.*

## New Facility Update

Bulldozers are running, fencing materials are on site, plumbing and drainage issues have been resolved and the CKRH Building Committee has learned far more about “footing” issues than we ever expected!

Our goal is to move the horses and programming into the new facility by December 2008. Partial occupancy permits have been issued for the indoor arena and barn area pending successful installation of safety fixtures (i.e. lighting, sprinklers, paved walking areas) and we need to raise approximately \$200,000+ to complete those tasks.

We're pushing hard to meet this deadline so that year-round services can begin as soon as possible, and are

aggressively fundraising with several donor prospects to meet that challenge; but we need the Village! We're also pleased to tell you that the facility remains debt free with no loans pursued for its completion.



**Trail Ride  
November 1**



*Program Director Denise Spittler with our minis on the Sallee Horse Vans transport.*

## Program Participants

CKRH served 76 participants through weekly therapeutic riding lessons during our spring session. Eighteen participants were enrolled in our late winter programming which included pre-school, growth and learning and pony club classes. During May and June the Hippotherapy program served approximately 30 clients. About thirty-seven people participated in retreat programs organized through partnerships with Hospice of the Bluegrass, Shriners Hospital and Make-Wish-Foundation. Our miniature horses have been busy both at home and on the move. They have visited students in school and patients at Cardinal Hill. Wow, what a great seven months!!

# 'Harvest' Trail Ride and Tack Sale Nov. 1

Yes, this is the same event known as the Halloween Trail Ride in past years, but since our date for this year is November 1<sup>st</sup>, this seemed a more appropriate name.

Come join the fun and bring your own horse to ride the approximately 12 miles of marked trails on the beautiful Kentucky Horse Park and the Barton Brothers' Farm. Come as an individual, bring a group of friends or enlist your club or organization to join forces in a Ride-a-Thon. You can arrange for overnight stabling and enjoy the campgrounds at the park.

The point of departure and return of the Trail Ride is CKRH's new facility at the Kentucky Horse Park. Inside the arena, the 11<sup>th</sup> Annual Used Tack and Equipment Sale will provide bargains galore. Everything from equine supplies, saddles, bridles, halters, grooming supplies, buckets, blankets, bits, boots and riding apparel

is available for horse lovers. The tack sale is one of the largest in the area and takes donations all year long. Anyone cleaning out their barn, tack room, basement, garage or backseat is encouraged to donate. Your old items may be a young

rider's treasure! Help another horse enthusiast and get a tax donation at the same time.

Trail Ride Registration Forms are available on the CKRH web site at [www.ckrh.org](http://www.ckrh.org) or by calling the program at (859) 231-7066.



## Thanks, Volunteers!!

*"No act of kindness, no matter how small is ever wasted." Aseop*

Dear Volunteers,

As we approach the transition to our new facility, Central Kentucky Riding for Hope and its staff would like to acknowledge our volunteers who have given so much of their time, talents and hearts through out the years.

We look to our volunteers to be there, week after week, in the heat and the rain and the cold to care for our horses, to support our riders, to help with many tasks and do what needs to be done.

We recognize the effort and commitment of our volunteers by simply saying thank you for being here. Thank you for your generosity and dedication.

Some of the most amazing

moments in life occur when you reach out to help someone else. In the busy process of organizing for an upcoming fundraiser or the next session of riding lessons, we don't always take the time to contemplate and absorb the feeling and meaning of the moment.

So we are stopping for a brief moment now, in the relative calm before CKRH takes its next gigantic leap forward, to acknowledge not only all the work our volunteers do, but also to reflect upon the profound contribution you make to the lives of others.

We celebrate the kindness and uniqueness of each and every CKRH volunteer and rejoice in the common bond that has brought us all together.

Sincerely,  
The Staff of CKRH

*Bluegrass Mustang Club of Central Kentucky's President Dennis Harvat and Golf Scramble Chair Mike Walden pose with equine therapist Chico and a vintage Ford Mustang during a check presentation at the CKRH barn. Their April 18<sup>th</sup> golf scramble at Lone Oak Country Club netted \$2,000 for the organization.*

*Thanks, fellas.*



*Merrylegs with Velcro cards attached.*

# Thanks To Our Donors\*

(This list does not include contributors to Night of the Stars)

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Bluegrass Charity Ball  
Bluegrass Mustang Club of Central KY  
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