

HOOF NOTES

Winter 2015



Students and parents posed for photographs after CKRH's NIGHT OF THE STARS '14, whose theme was "The Enchanted Garden."

NIGHT OF THE STARS '15 ON JUNE 20

"Dance with Our Stars" is theme of 12th annual gala fundraiser

June 20 promises to be one of the most dazzling nights of 2015 at the 12th annual NIGHT OF THE STARS, CKRH's signature fundraiser. "Dance with Our Stars" is the theme of the event, which in 2014 grossed more than \$240,000 to support CKRH's wide range of equine-assisted activities and therapies.

For the second consecutive year, Doug High, anchor at WTVQ36, will serve as emcee of the event at Keeneland's Keene Barn & Entertainment Center. NOS includes cocktails, dinner and silent and live auctions. As always, the highlight of the event will be the presentation of CKRH students and horses wearing elaborate themed costumes created by Shirley Gentry. Each horse and rider is offered in the style of a prestigious Thoroughbred auction, and the highest bidder for each horse will gain a year's sponsorship of that horse, along with a commemorative photo and plaque.

In 2014, the \$15,450 top-priced

horse-and-rider duo was "Koi Pond," the team of the Morgan-cross Chico and Irene. Hagyard Equine Medical Institute consigned "Koi Pond," purchased by the Kazee Syndicate.

NIGHT OF THE STARS is the cornerstone fundraising event of the year for CKRH. The event was first held in 2004 to raise the seed money to build a new facility at the Kentucky Horse Park to enable CKRH to offer year-around programming. The facility opened in 2009.

"Thanks to the dedication of many, many volunteers and the interest from the community in supporting CKRH, NIGHT OF THE STARS continues to be one of the most unique and most popular fundraisers of the year in Central Kentucky," said CKRH Executive Director Pat Kline. "The live auction of therapy horses and students in 2014 featured the participation of a number of syndicates made up of friends and business associates who pooled their resources to strengthen their bids."

In 2014, another popular Live Auction item was the "Around Rupp Arena" season basketball tickets for the University of Kentucky men's basketball team for the 2014-2015 season. Friends of CKRH consigned the item, which Kerry and Tammy Creech purchased for \$6,200.

Silent auction items included halters worn by many famous Thoroughbreds, including Horse of the Year

CON'T ON PG. 3

NIGHT OF THE STARS '15

THEME: Dance with Our Stars

DATE: June 20, 2015

LOCATION: Keeneland's Keene Barn & Entertainment Center

TIME: 6 p.m.

TICKETS: \$125 each; tables of 10 available for \$1,500

For information about sponsorships, reservations and donations to the live and silent auctions, please contact CKRH.



CENTRAL KENTUCKY
**RIDING
FOR HOPE**

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Hoof Notes is published twice a year by Central Kentucky Riding For Hope, a PATH Intl. (Professional Association of Therapeutic Horsemanship International) Premier Accredited Center. Contributions, suggestions and comments are welcome.

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**Like us on Facebook and
follow us on Twitter.**



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ANONYMOUS DONOR LAUNCHES MATCHING FUNDS CHALLENGE

CKRH will receive \$65,000 from an anonymous donor to pay half the remaining \$130,000 debt on its facility at the Kentucky Horse Park and encourage CKRH to raise \$65,000 to match the donation and retire the debt.

“Our community really rallied behind CKRH to help fund and build the \$4.1 million John A. and Virginia Creech Therapeutic Riding Center, which was completed in 2011,” CKRH Executive Director Pat Kline said. “Now, CKRH definitely makes a difference in our community.”

Founded in 1981, CKRH is dedicated to enriching the community by improving the quality of life and the health of people of all ages with special physical, cognitive, emotional and social needs through mounted and nonmounted therapeutic activities with the horse. In 2014, CKRH worked with more than 550 children and adults and offered more than 2,800 sessions.

CKRH, a PATH Int'l Premier Accredited Center, offers a variety of year-round activities, including Therapeutic Riding, Hippotherapy and a program for military service members, veterans and their families. CKRH also hosts The STABLES, an innovative program for students in Fayette County Public Schools, and has programs with numerous organizations in Central Kentucky, including Bluegrass Rape Crisis Center, Cardinal Hill Rehabilitation Hospital, Hospice of the Bluegrass and NeuroRestorative.

In 2013, CKRH received Commerce Lexington's Small Business Award in the nonprofit division.

For more information about CKRH and the Matching Fund Challenge, contact Executive Director Pat Kline at pat@ckrh.org or Development Director Deborah Taylor at deborah@ckrh.org. Phone: 859/231-7066. Visit www.CKRH.org, “Like” CKRH on Facebook and follow us on Twitter (@CKyRH).

THREE JOIN CKRH

Elizabeth B. Leatherman and Martha Jane Mulholland have joined CKRH's Board of Directors, and Deborah Taylor has begun a full-time position as Development Director.

Leatherman is a tax manager/CPA at Barr, Anderson & Roberts PSC in Lexington. Her practice includes professional services, retail wholesale/distribution, restaurants and equine.

Mulholland, a tax attorney who is owner and general manager of Mulholland Springs Farm not far from the Kentucky Horse Park, returns to the CKRH Board. She served as Vice President of the Board during the fund-raising and construction phases of CKRH's new facility.

Taylor served for some 20 years as executive director of the University of Kentucky Gluck Equine Research Foundation. She is a past president of the American Horse Publications and the Kentucky Horse Council.

HELP CKRH GO (AND SAVE) GREEN

Please provide CKRH with your email address so we can email you our newsletter. Email is easier on the environment and it helps CKRH save green by reducing our printing and mailing costs so we have more funds to use where they are needed most: our programs.

If you want to continue receiving the newsletter in the mail, we will still mail you a printed copy. We simply want to connect to our supporters in the most cost-effective way.

Please confirm your preference by writing, emailing or calling Deborah Taylor at CKRH, P.O. Box 13155, Lexington, KY 40583; deborah@ckrh.org; (859) 231-7066.

NIGHT OF THE STARS '15 IS ON JUNE 20 (Con't.)

Tiznow and Kentucky Derby winners Animal Kingdom and Street Sense; a visit to Horse of the Year Zenyatta at Lane's End Farm; a bottle of Pappy Van Winkle 23-year-old bourbon; use of a Jockey Club Suite at Churchill Downs; box seats at Keeneland; paintings and photographs; children's clothing and toys; items for home and office; Chinese antiques; jewelry; tickets to family-friendly attractions; gift certificates to popular area restaurants and businesses; items for equestrians; and a wide range of unique keepsakes.

NIGHT OF THE STARS relies on a group of invaluable sponsors that for 2014 comprised: Gold Spon-

sor Charles T. Creech Inc.; Bronze Sponsors Cardinal Hill Rehabilitation Hospital, Caitlin Insurance Company Inc., Coolmore America, and Richard W. Shadwick and Elisabeth M. Goth; Consignor Sponsors Boehringer-Ingelheim Vetmedica Inc. and Patterson Companies Inc., Equestrian Events Inc. – Organizer of the Rolex Kentucky Three-Day Event, Equine Medical Associates PSC, Hagyard Equine Medical Institute, Lane's End Farm, Rood & Riddle Equine Hospital, Chris and Linda Willson/Homes and Horse Farms KY, and WinStar Farm; and Table Sponsors Adena Springs, Richard and Debbie Banas,

Anita Britton and Stuart Bennett, Bluegrass Sotheby's International Realty, Castleton Lyons Inc., Central Equipment Co. – Paul, Joseph and Jason Huber, Clark Legacy Centers, Darley, Diamond Creek Farm, Diane and David Goodnight, Hudson Nissan, Don and Cathy Jacobs, James Motor Company, Juddmonte Farms, Mr. and Mrs. D.B. Kazee, Keith and Joan Key, McCauley Feed/McCauley Brothers Inc., Raymond James, Riddle Insurance, Sandra and Walter Palmer, Park Equine Hospital, Peter and Shannon Swisher, Toyota Motor Manufacturing, Kentucky, Kevin and Vicki Warren and WTVQ36.

NIGHT OF THE STARS 2014 Live Auction Results

Hip No.	Character (Horse)	CKRH Student	Consignor	Buyer	Price
1	Flower Fairy (Annie)	Keeley	WinStar Farm	WinStar Farm Syndicate	\$6,200
2	Neptune's Fountain (Lightning)	Elizabeth	Equestrian Events, Inc., Organizer of the Rolex Kentucky Three-Day Event	Bennett Syndicate	\$3,500
3	Queenie Bee (Ingrid)	Arabelle	Rood & Riddle Equine Hospital	Rood & Riddle Equine Hospital	\$5,800
4	Unicorn in the Garden (Astrid)	Olivia	Equine Medical Associates PSC	Richard and Debbie Banas	\$3,000
5	Gardener (Lincoln)	Lucy	Linda and Chris Willson/Homes and Horse Farms KY	Stuart Bennett and Anita Britton	\$3,500
6	Peacock (T-Ball)	Juliette	Lane's End Farm	Roberts Syndicate	\$3,000
7	Koi Pond (Chico)	Irene	Hagyard Equine Medical Institute	Kazee Syndicate	\$15,450
8	Gnomes (Merrylegs and Happy Feet)		Boehringer-Ingelheim Vetmedica Inc. and Patterson Companies Inc.	Fishback Syndicate	\$12,000

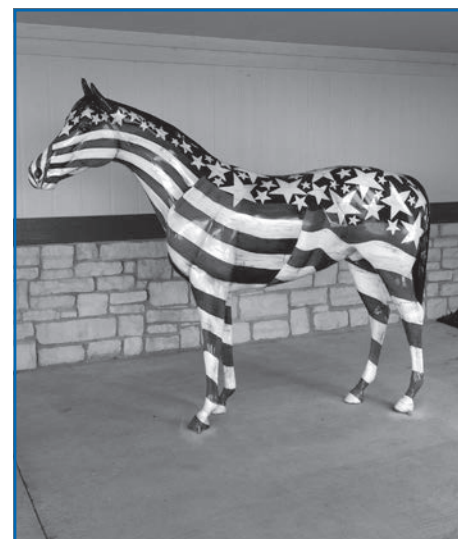
OLD GLORY IS CKRH'S OFFICIAL GREETER

CKRH is proud to welcome our newest equine ambassador, a statuesque patriot named "Old Glory."

Old Glory was first unveiled in 2001 in Ocala, Florida a few days after 9-11 as part of Ocala's Horse Mania community event. The statue was purchased by Padua Farm and moved to the nearby farm to welcome visiting guests. When Padua opened a division in Lexington, Old Glory relocated to the Bluegrass location.

After finding out that Padua needed a new home for its patriotic horse, arrangements were made for this statue to be donated to CKRH in early spring 2014. He was loaded on a truck, moved to CKRH and installed in his new location in early July.

We'd like to thank Padua Farm for the generous donation. We are happy to have "Old Glory" as a wonderful addition to our facility, which welcomes a growing number of military veterans and their families who are benefiting from the healing power of the horse.



SPECIAL THANKS

★ *To The All Glory Project* for a \$5,000 grant to support CKRH's military services program.

The All Glory Project 501(c)3 began at the 2010 BreyerFest at the Kentucky Horse Park when William and Elizabeth's Shatner's Standardbred All Glory was chosen to be the 2010 Celebration Horse. Elizabeth became familiar with CKRH and partnered with many prominent community members to secure donations from several sponsors to help fund a pilot program of Horses for Heroes at CKRH.

BB&T ★ *To the BB&T Lighthouse Project and Landscapers Corner* for planting a tree, mulching and adding landscaping stones at CKRH in June.

Since the Lighthouse Project began in 2009, BB&T associates have completed more than 4,000 community service projects, donated more than 200,000 volunteer hours and touched the lives of more than 6.7 million people. BB&T representatives who were at CKRH were Shawn Blades, Kenny Potter,

Amerah Rayyan, Daniel Gooch, Brooke King, Chandra Evans, Michael Rossine, Ben Little, Mark Sammons, Patti Houchins, Jessica Jarrett and John Patton Blades.

www.bbt.com/bbtdotcom/about/lighthouse/default.page

Landscapers Corner, located at the corner of Old Frankfort Pike and Forbes Road, donated the mulch, fabric and weed preventer for the project. The firm also donated the mulch used at this year's NIGHT OF THE STARS.

★ *To Blue Grass Charity Ball* for a \$1,250 grant. Blue Grass Charity Ball, an event that is more than 50 years old, provides financial support for local nonprofit groups.

★ *To the Bluegrass Mustang Club* for a donation from the eighth annual Dads & Grads Car Show hosted by Paul Miller Ford on June 14 and held at the AutoOutlet location.

★ *To Central Equipment, the CKRH Board of Directors and University of Kentucky students* who raised funds to enable CKRH to purchase a Kubota utility vehicle.

Central Equipment is a full-service farm and turf equipment dealership located on Red Mile Road.

★ *To the Creech Family Foundation* for the purchase of furniture for CKRH's conference room. CKRH is called the John A. & Virginia Creech Therapeutic Riding Center.



★ **TO CHILDREN'S CHARITY OF THE BLUEGRASS** for a \$6,000 grant.

Founded in 1981 (the same year as CKRH), the group works to establish and maintain fundraising efforts to benefit local charitable organizations. Each June, the two-day Children's Charity Classic golf tournament at the Andover Golf & Country Club and the Greenbrier Golf & Country Club in Lexington is the culmination of a week-long slate of activities. Golfers include area corporate leaders and celebrities from the world of sports and entertainment, and the event is televised in Lexington.

★ *To Ann Bakhaus, president of Kentucky Eagle Inc. and Greater Lexington Chamber of Commerce.* On December 11, CKRH was the Spotlight Non-Profit at Commerce Lexington's Business Link at Kentucky Eagle. Executive Director Pat Kline, Volunteer Coordinator Keri Manley and Board Member Amy Owens greeted a large number of attendees at our booth in a wonderful opportunity to educate business leaders in the community about CKRH.



★ *To the Good Samaritan Foundation*, a ministry of the Kentucky Annual Conference of the United Methodist Church, for a \$15,320 grant.

Based in Crestwood, Ky., the Good Samaritan Foundation provides grants to charitable and educational activities related to healthcare and health education in the state.

★ *To High Hope Steeplechase* for a \$10,000 donation from the May 18 event at the Kentucky Horse Park. After a year-long hiatus, High Hope returned in grand style to host more than 15,000 fans, including many tailgaters, on a perfect Sunday and benefit CKRH and the Kentucky Horse Park Foundation. Total purses for six races reached \$70,000. Other events included Jack Russell Terrier races, children's activities and the parade of the Woodford Hounds.



★ *To Thoroughbred Charities of America* for a \$27,000 grant made possible through contributions by Darley, Castleton Lyons and WinStar Farm. These Central Kentucky farms designated proceeds from the sale of breeding seasons to their stallions that were offered at the three-day TCA Stallion Season Auction in January.

CKRH has four Thoroughbreds in its equine therapy herd.

MILITARY VETERAN PRAISES CKRH

Following is an excerpt of a letter from a U.S. Air Force veteran who became involved at CKRH through Fayette County Veteran's Treatment Court. Visit CKRH.org to read the entire letter.

Dear CKRH,

The purpose of this letter is to share a little about my life and express my gratitude for the experience that was provided to me by the staff at CKRH. This program has provided me with skills that I can apply to my everyday life, both present and future. The layout of this program has allowed me to ease into an environment which eventually gave me the opportunity to feel comfortable enough to dig deep into my soul. Once that barrier was broken, I was able to share my thoughts and feelings with everyone involved in the program. ...

I believe that I was able to develop a friendship not only with Rhett Butler but to the instructors as well, which is huge for me. There is nothing like having a 1,000-pound horse walk up to you without his lead rope attached and put his head in your lap like a puppy. It was an emotional connection that I have longed to feel for. The freedom that Denise and Charlotte were able to allow us to connect with our horses, our alone time, was exactly what I needed to focus on letting down my wall and opening up to my horse. This would in-turn give me a level of comfort that made it possible to share with the staff and other participants during our skill building exercises. For the first time in a long time, I was able to take off this mask that I like to wear and truly be myself, and for that I am grateful.

Sincerely, *Luke*

THERAPY HORSE SPOTLIGHT: RHETT BUTLER

In "Gone With the Wind," Rhett Butler is the dashing scoundrel who wins the heart of Scarlett O'Hara. At CKRH, Rhett Butler is an 11-year-old black-and-white tobiano Paint gelding who is an important member of the therapy herd. Rhett works with military veterans; middle and high school students in The STABLES program; adults with traumatic brain injury through the NeuroRestorative program; and adults and young people in the Therapeutic Driving program.

"Rhett has helped his partners learn about healthy boundaries and practice using clear communication, both with words and body language," therapist Charlotte Easley said. "Rhett's partners learn how to monitor anxiety levels by observing his responses to them. He makes friends slowly, but once trust is established he remembers and responds. Many of his partners can relate to Rhett's need for consistency and familiar surroundings."

In November, a news feature on WTVQ Channel 36 highlighted how Rhett has helped one veteran.

"Rhett's relationship with this veteran restored hope and confidence, prompted healing and new ways of being for a young man," Easley said. "His normal dominance in his herd became a gentle submission."

Easley said one evening in the area, "Rhett's partner sat down on the mounting block. Rhett walked over and laid his beautiful head in his partner's lap and stood completely still as his partner sat patting Rhett's head



Rhett Butler, our 11-year-old paint gelding.

while being still for the first time in a long time. Rhett's gifts to his partners are hard won but create a lasting memory of how it feels to earn trust and respect."

Rhett has been at CKRH since October 2012. CKRH also is home to one of his relatives, another tobiano Paint named Brigade. Both were born in Canada, are registered Canadian Sport Horses, were competitively driven as a team and have been used as English riding horses. Steve Wilson of Louisville donated both Rhett and Brigade to CKRH, where the two horses are extremely popular.

"Rhett has fun-loving personality and is young and energetic," CKRH Equine Manager Amanda Workman said. "He enjoys a good canter around his paddock with Brigade or one of his other pasture mates."

10 COMPLETE SUMMER INTERNSHIP PROGRAM

“Through working with the horses this summer, I have become more confident.” – Caitlyn

“I have been given many opportunities at CKRH that other people do not have. These opportunities have helped me learn and have kept me out of trouble.” – Dalton

“I will remember to be intentional about my thoughts because they become my words, intentional about my words because they become my actions, intentional about my actions because they become my future.” – Juliette

Caitlyn, Dalton and Juliette were among the 10 youth interns who participated in 2014 summer programming at CKRH.

“Programs are successful and sustainable when they meet the needs of the individual, community and non-profit” CKRH Program Director Denise Spittler said. “The youth internship program certainly met all of those goals.”

Young people need positive learning environments, especially during the summer. Meanwhile, the community needs youth to embrace and live important concepts such as responsibility, care of the environment and respect for self, others and community. At CKRH, we need help caring for our therapy horses and handling the daily operation of our facility. During the summer, the internship met these needs.

Each day, youth arrived at CKRH at 8:30 a.m. and began the day with circle-up time to discuss important

life and social skills. During this time, goals were set and achievement was measured. By 9 a.m., everyone was working hard to complete chores such as feeding horses, cleaning water tanks, moving hay and cleaning stalls. During an equine care class, students learned how to care for wounds, wrap legs and take vital signs such as temperature and heart rate.

Lunch was a time to sit around a table, eat and socialize. During free time after lunch, youth were able to use technology to check email and social media, text and listen to music. As compensation for their hard work, students received riding lessons in the afternoon. By 3:30 p.m., they were back to work again to complete afternoon chores. Their day ended by 5:30 p.m.

“The idea that one could work so hard and have so much fun at the same time was a life lesson for both youth and adults,” Spittler said. “We look forward to the summer of 2015.”



PAUL FRAZER MEMORIAL HORSE SHOW CELEBRATES 25TH ANNIVERSARY

On March 28, CKRH will hold the 25th Paul D. Frazer Memorial Combined Tests & Dressage Show at the Kentucky Horse Park.

The 2014 show was the most successful show to date and was one of the best major fundraisers of the year for CKRH. More than 300 riders (including riders with disabilities who participated in adapted classes) competed.

The show is dedicated to the late Paul Frazer, who for years worked to remove physical barriers to handicapped young people in area schools. He designed the first handicapped bus in the Fayette County Public Schools. His design later served as a model for all Kentucky buses for handicapped students. As director of maintenance for the Fayette schools, Paul oversaw the

construction of handicapped ramps, installation of elevators and other structural remodeling to ensure every child could access school buildings.

Paul was so impressed with CKRH that he volunteered to help do whatever was needed and served on the Board of Directors.

“Evidence of his work is around us always,” CKRH Executive Director Pat Kline said. “This show is our way of saying thanks and maybe his way of ensuring that CKRH continues to provide recreational, therapeutic and socialization opportunities to students of all ages.”

Please contact CKRH if you are interested in sponsorship opportunities or would like to participate in the event.

Easy ways to help CKRH

When you shop, make sure your shopping benefits CKRH and its mission in our community. Here are four ways to donate to CKRH without having to do much of anything.

amazon.com

You shop. Amazon gives.
<http://smile.amazon.com>



Use your Kroger Plus card and help us grow.
kroger.com/communityrewards



Imagine the change your change will make. Round up your purchases at Rite Aid and give the change to CKRH.
<https://kidcents.riteaid.com>



You shop. CKRH receives money. For free.
igive.com/welcome/lp14/cr58e.cfm

CKRH LAUNCHES PLANNED GIVING PROGRAM (Con't. from back page)

“I have continued to pay for the policy over the years, even raising the value a couple of times. My premiums are tax-deductible as charitable contributions. This helped me to:

- Give a significant gift to my beloved charity in a manner that I could afford;
- Give myself a charitable tax deduction;
- Create a memorial in my mother’s honor; and
- Make a difference well after I was gone, living and giving beyond my lifetime.”

Of course, each case is different. Taylor is happy to help you and your financial adviser or attorney develop the best plan for you. Please contact her at (859) 231-7066 or email deborah@ckrh.org.

VOLUNTEER SPOTLIGHT: Lesson Leaders

We all know it takes a village to run CKRH, which could not run the program without many dedicated volunteers. Whether participating in lessons, working in the barn or serving as a substitute, every volunteer performs a role that is just as important as any other,

One segment of the volunteer team is Lesson Leader. During a Therapeutic Riding lesson, each Lesson Leader focuses on safety and maintains control of the horse while allowing the participant to execute aids and cues asked for by the instructor. The Lesson Leader pays close attention to the horse and all that is happening around the horse before, during and after a lesson.

Here is a look at the qualifications and requirements for a Lesson Leader:

- Previous horse experience.
- Minimum age of 17.
- Completion of skills assessment.
- Commitment to attend class each week for the length of the session.
- Adequate vision and hearing to ensure safety of horses and participants.
- Ability to walk/jog with the horse for duration of the lesson time.
- Ability to “read” a horse and to calmly prevent and avoid unsafe situations.
- Patience.
- Ability to adapt to change.
- Ensure horse is groomed, tacked, and warming up in arena 10 minutes prior to lesson start time.
- Primary responsibility is horse safety.
- Listen and respond to the instructor’s directions.
- Lead horse during lesson and maintain safe spacing between horses.
- Help horse follow participant’s cues.
- Remove tack and ensure horse is properly cared for after lesson.

“Our volunteers giving of their time, heart and dedication is just the tip of the many reasons why I love what I do and am so proud to be part of such an amazing organization,” CKRH Volunteer Coordinator Keri Manley said. “Every person involved at CKRH, no matter the capacity or the amount of time given, truly is the heart and soul of what we are able to do.”

CKRH’s Therapeutic Riding program operates year-round, six days a week from morning until evening. Staff and volunteers work together, forming a vital team that is essential to the program’s ongoing success.

“Individual reasons for volunteering may differ, but giving of oneself and forming special connections with people and horses create a common bond with everyone involved in our program,” Manley added. “Our volunteer needs are many. Whether your experience with horses is life-long or minimal, your willingness to give yourself and your time is greatly needed and appreciated.”

THE BARN IS BUSY

Therapeutic Riding and Hippotherapy are the foundation of CKRH, but we offer many other courses, workshops and seminars throughout the year, and we welcome volunteers from all over. Here is a recap of activities from 2014:

JANUARY

Kentucky National Guard Resilience Training Assistant Course.

The 28-hour course consisted of identifying and explaining the six core competencies that are the foundation of resilience training: self-awareness, self-regulation, optimism, mental agility, strengths of character and connection. KNG trainers led the course; attendees partnered with CKRH staff and horses for experiential learning.

Instructor-In-Training Course.

CKRH began training for the PATH Intl. Registered Instructor Certification.

FEBRUARY



U.S. Army National Guard photo by Sgt. Brandy Mort

Sgt. 1st Class Gina Vaile-Nelson walks with Sargent at CKRH in August. As part of the Kentucky National Guard's Resilience Training Assistant course, soldiers are introduced to therapeutic activities with horses.

Kentucky Department of Defense Yellow Ribbon Reintegration Program.

YRRP provided National Guard and Reserve members and their families with information, services, referral and proactive outreach opportunities through the entire deployment cycle: pre-deployment, deployment, demobilization and post-deployment reintegration. The event included equine-assisted activities.

Kentucky National Guard Resilience Training Assistant Course:

This course was designed and customized for KNG Leadership. Personnel from the National Guard Bureau in Washington, D.C., attended.

MARCH

Equine Assisted Sexual Survivors of Trauma (EASST), a partnership with Bluegrass Rape Crisis Center.

This six-week psycho-educational group focused on interpersonal relationships, self-awareness, and mindfulness skills that included equine-assisted therapy.

Kentucky Association of Sexual Assault Programming.

Thirty members of the KASA Programming attended a workshop with therapists and sexual trauma centers to experience the healing power of the horse.

Alternate Spring Break Group. The ASB group from University of Chicago again chose CKRH to benefit from a week of volunteer services. Eleven students spent six days (396 volunteer hours) cleaning and sprucing up CKRH facilities and equipment.

APRIL

St. James Place Session I. St. James, a transitional living program for homeless veterans in recovery, is committed to equine therapeutic services for treatment related to alcohol and drug addictions.

Keeneland Sunrise Trackside.

CKRH participants and staff gave a demonstration in the paddock on a Saturday morning of the spring race meet.

Horses for Hope Breast Cancer Survivors Luncheon. Annie and Minis wore pink costumes in honor of survivors. The STABLES students handled the minis and a CKRH participant spoke.

Montessori Middle School of Kentucky.

Six volunteers donated a 48 hours over a five-month period. They organized the storage room and cleaned tack for the annual fundraising Tack Sale in October.

MAY

Leadership Lexington. The class of 2013-2014 visited CKRH during its equine day. Members experienced our horses while participating in an equine-assisted leadership session.

UK Department of Psychiatry. Staff and interns toured CKRH, attended an information meeting and participated in an equine-assisted mental health session to learn more about the therapy.

American Hippotherapy Association Inc. Approved Level II: Ten participants from five states completed the course, a prerequisite to entry level certification through AHA.



Jenny Jackson, Heirator and owner Paul Sullivan.

So Long, Heirator. Our beloved Quarter Horse Heirator was part of our therapy herd for 4½ years. He was retired and returned to his Indiana home.

JUNE

Horse Crazy Mini-Camp. Eight campers took riding lessons each day, worked through Finnegan and Fox: The Ten-Foot Cop, visited the Kentucky Horse Park and did arts and crafts. Ten campers attended.

THE BARN IS BUSY

UK Physical Therapy Class. An elective for PT students to learn about Hippotherapy, the class educated them about using equine movement in physical therapy as part of an integrated plan of care to achieve functional goals.

Pony Club D-1 Rally. Two CKRH riders participated in the D-1 Mid-south Mega Rally at the Kentucky Horse Park showing in dressage and stadium jumping.

Blue Grass Christian Camp. Fourteen members of the Blue Grass Christian Camp volunteered at CKRH, giving 330 hours over four days. They helped with clean up from NIGHT OF THE STARS, conducted spring cleaning at CKRH and organized tack for the Tack Sale.

JULY

Lexington Junior League Charity Horse Show. CKRH PC members and our minis presented the American flag before an evening session of the prestigious show.

Pony Club Camp. CKRH PC members attended two weeks of camp, including the PC Festival and National Championships.

Healing Hooves. Hospice counselors accompany children in bereavement for attend a three-day workshop with equine-assisted therapy and activities.

United States Pony Club Rating Test. CKRH hosted the event.

St. James Session II. CKRH began session II of therapy for St. James, a transitional living program for homeless veterans in recovery.

AUGUST

Kentucky National Guard Resilience Training Assistance Course. Course repeats throughout the year.

Touch-A-Truck. CKRH had a booth and took the minis to promote program at event conducted by Child Development Centers of the Bluegrass at Keeneland.

SEPTEMBER

St. James Session III. Session III begins.

Special Olympics. Four CKRH participants competed and medaled in the Kentucky Equestrian Division.

Fayette County Public Schools. The Moderate and Severe Disability (MSD) Group from Fayette County Public Schools begins bi-weekly visits to interact with horses and do arts and crafts.

OCTOBER

CKRH Facility Cleanup. Staff and volunteers participated in facility cleaning, including power-washing the barn.

Equine Assisted Sexual Survivors of Trauma (EASST), a partnership with Bluegrass Rape Crisis Center Fall Session.

Annual Halloween Trail Ride and Tack Sale. The annual event is one of CKRH's "fun" fundraisers.

DECEMBER



Holiday Party. CKRH celebrated the holiday season and the many blessings of 2014 with our family: clients, families, volunteers and horses. Santa Claus and Mrs. Claus (George and Brenda Urfer of Lexington) stopped by to spread good cheer and a jolly good time.

PATH Intl. Onsite Workshop and Registered Level Instructor Certification. All three CKRH candidates passed with flying colors.

CKRH Staff Training. Staff attended a four-day development workshop.



For the holidays, St. John & Myers jewelry store in Lexington held Gingerbread Houses for Hope competition and fundraiser. The houses that received the highest bids were CKRH Barn Winter Wonderland by CKRH Volunteer Coordinator Keri Manley (bought by Kentucky Bank for \$100) and Candy Land by Rayne Kazee (bought by Chris Anderson for \$100).

HALLOWEEN TRAIL RIDE, TACK SALE ON OCTOBER 10

This year CKRH's Halloween Trail Ride and Tack Sale date will be held October 10 – a bit earlier than usual to avoid a conflict with the Breeders' Cup World Championships at Keeneland.

Last year's event was very successful, with a robust Tack Sale that offered bargains galore and drew many attendees. Many thanks to the loyal volunteers who work so tirelessly to make this event happen and thanks to all donors. Judy Donahoe once again worked her magic with the Tack Sale and Laura Wayne continues to make managing the Trail Ride looks easy. Many thanks to Neil Tollner for setting our trail, clearing the way on the Barton Farm and providing his general oversight in many capacities. CKRH could not do it without you!

Donations of tack and equipment are accepted all year. Please keep us in mind if you are cleaning out your tack room, garage, closet, basement or backseat.

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2015 CALENDAR *(events at CKRH, that benefit CKRH and/or involve CKRH)*

January 5	First day of class for Fayette County Public Schools (FCPS), including The STABLES program at CKRH.
March 2- May 30	CKRH Session 2.
March 28	Paul Frazer Horse Show, Kentucky Horse Park. <i>(CKRH fundraiser)</i>
March 30- April 3	FCPS Spring Break.
April 18	Demonstration in the Keeneland Paddock during Sunrise Trackside, Keeneland (8:45 a.m.).
April 23-26	Rolex Kentucky Three Day Event, Kentucky Horse Park; CKRH closed.
May 17	High Hope Steeplechase, Kentucky Horse Park. <i>(CKRH fundraiser)</i>
June 17-18	Pony Club D1 Rally, Kentucky Horse Park.
June 20	12th NIGHT OF THE STARS: “Dance with Our Stars,” Keene Barn and Entertainment Center, Keeneland. <i>(CKRH fundraiser)</i>
July 6- August 29	Kentucky Dressage Association Spring Show, Kentucky Horse Park.
August 12	First day of class for FCPS, including The STABLES.
October 10	Special Olympics, Kentucky Horse Park.
October 10	Halloween Trail Ride and Tack Sale, CKRH. <i>(CKRH fundraiser)</i>

For the latest dates of activities, visit ckrh.org and click on the link titled “Calendar.”

CKRH LAUNCHES PLANNED GIVING PROGRAM

To enable you to live beyond your lifetime, CKRH has established a Planned Giving Program. We aren’t trying to tell you when to give or even how to give; those choices are yours and yours alone. What we now have is a way for you to live well beyond your lifetime through a gift to CKRH in your will, a life insurance policy that benefits CKRH or by designating CKRH as a beneficiary of a trust or annuity.

Here is an example from CKRH Development Director Deborah Taylor: “When I first started my career, I really wanted to help a specific charitable organization in a significant way. I always made my annual contribution, but I didn’t have the wherewithal to make a significant gift. So I bought a life insurance policy and made the charity the owner and beneficiary.

(Con’t. on page 7)