



CENTRAL KENTUCKY RIDING FOR HOPE

P.O. Box 13155

Lexington, Kentucky 40583

(859) 231-7066

www.CKRH.org

November 1, 2017

Dear Friend,

A lot can happen over the course of a year. **We see great changes in the people** we serve at Central Kentucky Riding for Hope in only a matter of months- an impact that is only possible because of support we receive through charitable gifts from people like you.

I would like to tell you about Emma Grace, a 4-year-old who began Therapeutic Riding in August 2016. She arrived clutching a baby doll for security and clinging to her mother's leg. She only left her mother's side once we promised she could ride with her doll tucked under the saddle's pommel. Still, Emma Grace would not hold the reins or speak to anyone.

We developed a plan to incorporate stretching and balance exercises into her Therapeutic Riding to strengthen her core. Gradually, Emma Grace became strong enough to add leg strengthening exercises including standing in her stirrups at a walk. ***Through this process, Emma Grace found her voice.*** She is now confident enough to leave her doll with her mother. She holds the reins and gives her horse strong verbal cues while chatting constantly with the volunteers walking beside her. Best of all, Emma Grace arrives at CKRH each week excited to be here and begin her lesson.



Emma Grace's story is but one story of Hope. Many children and adults have experienced improvement in their quality of life through participation in our programs. Please consider joining us and making an Annual Fund gift so we can do even more to strengthen the minds and bodies of those we serve.

In the world today, Hope is a priceless commodity. You can give Hope by making a gift to CKRH today to enable those with challenges to work on being the best they can be. Thank you!

Sincerely,

Pat Kline
Executive Director

P.S. Your support enables lives to be changed by the power of the horse. Give online at www.CKRH.org or consider a gift of securities. However you choose to give, thank you!