

# STALL CHATTER...

E-News for CKRH Volunteers!

Happy **HEART** month



## Lessons: 2014 Schedule **UPDATE!**

**Session I** (current session) To make up for lessons missed during this cold spell, we have added two weeks onto this current session. This session will now run through **Friday, March 28<sup>th</sup>**, with the following breaks:

- Monday, March 10<sup>th</sup> – Friday, March 14<sup>th</sup> **Session Break** (no TR lessons)

We will have lessons on Saturday, March 15<sup>th</sup>. If you know you will miss for college Spring Break, please be sure to put it in the absentee calendar ASAP!!!

\*Also, we **WILL** have lessons as scheduled on Monday, February 18<sup>th</sup>, Presidents Day!

## Little Reminders:

- Be sure to come prepared for the cold! Layers, Layers, Layers.
- Please arrive at least 20 minutes prior to your schedule lesson time so that you can be sure that your horse is ready to go on time.
- Leaders – It is your responsibility to tack your horse and warm him/her up before the lesson
- Sidwalkers – you will pick up your rider(s) from the parent room and make sure their helmet is on correctly.
- Always check the field map before taking any horse out to their field for the night!
- Be sure to Sign **IN** and **OUT** each time you are here, and please keep up with your hours in Volgistics. Tracking volunteer hours is very important to us – for many reasons.
- Watch for school closings – if Fayette or Scott County are out, or sent home early, for weather then there are no services at CKRH. If inclement weather happens to be on a Saturday, check the following news sites for us to be listed as cancelled or closed.
  - [www.lex18.com](http://www.lex18.com) – Click on Snow Tracker logo then look under “Other”
  - [www.wkyt.com](http://www.wkyt.com) - Click on Sno-Go logo then look under “Activities”
  - [www.wtvq.com](http://www.wtvq.com) – Click on Sno Watch logo then look under “Activities”
- If you can't make it out to CKRH for **any reason**, or you are running late - call 859-231-7066 and ask for **Keri**. If I am not available – please ask to be transferred to the **Absentee Voicemail Box!** The more notice you can give, the better.

## Spring Session Breaks and Upcoming Events:

There will be some breaks during spring sessions:

- Monday, March 10<sup>th</sup> – Friday, March 14<sup>th</sup> Session Break (no TR lessons)
- March 29<sup>th</sup> – Paul Frazier Memorial Horse Show @ KY Horse Park
- March 31<sup>st</sup> – April 5<sup>th</sup> – Spring Break – no services this week
- April 21<sup>st</sup> – April 26<sup>th</sup> – Rolex @ KY Horse Park (no services this week)

- May 18<sup>th</sup> – High Hope Steeplechase Event @ KY Horse Park
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## Training!

Saturday February 22, 2014  
in the CKRH conference room.  
(Certification provided by Bluegrass Health and Safety)

**9:00AM – Noon (First Aid only)**  
**12:30pm - 4:30PM (CPR/AED only)**  
(all day for both certifications)

OPEN to anyone in the community who  
needs certification!

\*Bring a sack meal and drinks. Microwave and refrigerator use available.  
Wear comfortable clothing; you will be on the floor at some point.

**Cost:**  
\$ 25.00 for CPR or First Aid  
\$40.00 for both certifications  
(cash or check only made payable to instructor)

RSVP with Keri by **February 14, 2014**  
@ 859-231-7066 or by email at [volunteers@ckrh.org](mailto:volunteers@ckrh.org)



**Looking for VOLUNTEERS for  
two upcoming Special Events...**

**Paul Frazer Memorial  
Horse Show**

(Saturday, March 29, 2014)

**High Hope Steeplechase**

(May 18, 2014)

Mark your calendars now for  
these dates if you can help –  
more details to come soon!

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## Breaking News....

- You may notice that there are 3 NEW horses at CKRH! Teanna, Aksel and Quinn are all in their 30 day trail bases phase. Be sure to say hi to them next time you are out and help to make them feel welcome.
  - The IT (Instructors in Training) program began last week with 4 new students. They will spend the next 7 months learning all there is to becoming a safe, competent and experienced instructor. Each of them will be filling in during lessons here and there throughout the week. Please be sure to give them your support and encouragement!
  - We are in the planning stages for the 2014 Night of the STARS event! We need lots of help with contacting businesses about silent auction items and then to pick them up. If you are interested in helping with this – please contact Ann Katherine Riddle, the newest addition to the CKRH Staff. Ann Katherine (usually referred to as AK) joined our team full time in December! I am sure she will be happy to include your email in the weekly Friday loop of who is going where and asking for what.
  - If you know of anyone who would make an excellent addition to the AWESOME volunteer base at CKRH, please send them in Keri's direction.
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It definitely takes a VILLAGE to run CKRH as we all know, please know how much we appreciate everyone of you! Whether you will be a Leader, Side Walker, Wrangler, extra barn help or a sub – every volunteer role at CKRH is just as important as any other and we certainly could not run this program without dedicated volunteers. You're giving of your time, heart and dedication is just the tip of the many reasons why I love what I do and am so proud to be part of such an amazing organization. Every person involved at CKRH, no matter the capacity or the amount of

time given, truly is the Heart and Soul of what we are able to do! We **LOVE** our volunteers -  
Happy **HEART** Month!!!

*Keri*

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