



STALL CHATTER...

E-News for CKRH Volunteers!

October 2013 Edition

Tack Sale and Trail Ride:

Clearing out your Barn, Tack Room, Closets or Backseat??? Your gently used tack may be another person's treasure! Donations of tack/clothing/supplies/etc. may be dropped off at CKRH during business hours of M-F 9:00am – 5:00pm or other arrangements can be made.

Come SHOP or come RIDE and support a GREAT cause...

Date: October 26, 2013

Time: 8:00am – 4:00pm (no early birds please)

Location: CKRH

Trail Ride registration forms available on-line at

www.ckrh.org

Volunteer opportunities are also available! Contact Keri if you can help!

Thursday and Friday, Oct 25th and 26th 9:00am – 4:00pm:

Moving and setting up tables, carry items from the hay shed to the indoor arena and sort through items and place in correct areas for the Tack Sale. This would also include cleaning items and working with staff to ensure that they are displayed and priced properly.

Saturday, October 26th 7:00am – 1:00pm:

Group 1 to work safety and water stations along the trail ride. Wear comfortable shoes (closed toe) and clothing that is weather appropriate for the day (rain gear) – *you will be outside all day!* Lunch, water and breaks will be provided throughout the day.

Group 2 help with directing traffic and parking for the event. Wear comfortable shoes (closed toe) and clothing that is weather appropriate for the day (rain gear) – *you will be outside all day!* Lunch, water and breaks will be provided throughout the day.

Group 3 to be check out assistants and help to expedite the check-out process. You will be inside and have lunch, water and breaks will be provided throughout the day.

Saturday, October 26th 1:00pm – 4:30pm:

Group 4 to help with event clean-up. Wear comfortable shoes (closed toe) - You will be helping to clean up after event, which could include the follow: take unsold items from barn to Hay Shed, take down tables, sweep barn, clean up safety/water stations along trail, clean up parking area, pick up cones along the trail route, etc. Water and breaks will be provided as needed.

C.K.A.V.A. (Central Kentucky Association of Volunteer Administrators) is a membership-based professional organization for volunteer managers in Central Kentucky. CKAVA provides members with networking opportunities, professional development opportunities, research, tools and resources that support them in managing volunteers. And, yours truly has been nominated and elected as President of the Association for the 2013/2014 year :0)

Fall Session and Breaks: The fall session starts on Monday, August 19th and will run through mid-November. There will be some breaks during this session:

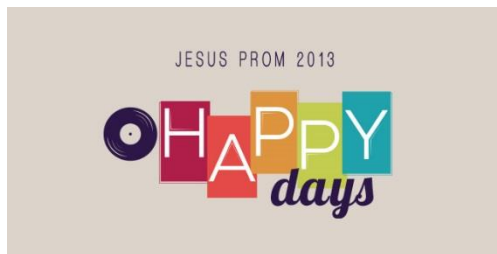
- **October 21st is a make-up lesson day – there are lessons!**
- October 22nd – 26th Tack Sale and Trail Ride: no participant services
- Week of November 4th – 9th No lessons (PATH International conference and other Professional Education for Staff)
- November 18th – November 23rd Last week of the Fall Session



Other upcoming dates to keep in mind....

- November 2nd – Biggest Loser Run/Walk at KHP. The main entrance and road to CKRH will be closed. An alternative route will be opened. I will send specific directions to Saturday Volunteers that week.
 - December 14th and December 15th will be gift wrapping dates at Joseph Beth @ Lexington Green. This year, gift wrapping will include all of the stores at Lexington Green. Come and get your WRAP on!
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VOLUNTEER Opportunity in a different kind of way –



The Jesus Prom is an annual themed event held by Southland Christian Church for physically and/or mentally challenged adults. Each year, hundreds of volunteers and guests come and enjoy an evening with an amazing atmosphere of acceptance and love that has become the trademark of the Prom.

CKRH volunteers will serve as **Escort Dates** to the Prom. This is one of the most important jobs at the prom! As an escort, you are responsible for taking one or two guests on your arm as you show them around prom. You'll take them to get dinner, get their hair done, play games and of course, dance! ALL activities will be held at Southland, which is a large campus and individuals can easily become lost or separated. It's the job of the escort to ensure that no one is left stranded! We need mature (must be at least 16 or with a parent or adult), patient, loving

people to serve as escorts. Dress for escorts is casual or you can get into this year's theme of the 1950's!

Prom will be held on Friday, November 8 from 6:30–10pm at Southland Christian Church. Contact Keri @ CKRH for more details by October 25th.



Did you know....

There is a group from the University of Kentucky that is doing several small fundraisers and then one big event to raise the funds needed to purchase CKRH a **NEW GATOR???**

The smaller fundraisers include:

- Buy a *Wheels to Heal* t-shirt. Picture of the t-shirt and order form is in the program room; pre-sales only(\$20.00).
- There are several 'Dine to Donate' events scheduled. Coupons are needed and available in the program room
 - Mellow Mushroom: October 14th (UK Campus)
 - Hugh Jass Burgers: October 28th (UK Campus)
 - Firehouse Subs: November 7th (UK Campus)
- A Silent Auction is being held downtown in the atrium beside Sawyers on Saturday, November 23rd
- Financial donations are also being taken and can be given to Keri.

Be sure to like them on Facebook for all of upcoming events and see how close we are getting to a new gator! www.facebook.com/wheelstohealckrh

STABLES

STABLES has begun a new Mentoring Program with Arlington Elementary school. Each Wednesday, about 20 students from Arlington Elementary come to be paired with the STABLES students and learn all about our horses.

It definitely takes a VILLAGE to run CKRH as we all know, please know how much we appreciate every one of you! You're giving of your time, heart and dedication is just the tip of the many reasons why I love what I do and am so proud to be part of such an amazing organization. Every person involved at CKRH, no matter the capacity or the amount of time given, truly is the Heart and Soul of what we are able to do!

THANK You so much for ALL you do-

Keri Manley

Volunteer Coordinator



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