



FEBRUARY 2016 NEWSLETTER

Calendar of Events:

March 12-13 8:00am - 5:00pm

Horses Helping Humans: Parelli Clinic

Cost: \$400 20% discount for 3 or more from the same organization

Therapeutic Professionals:

Create more knowledgeable staff/volunteers, happier horses, safer programs, and improved therapeutic outcomes.

Parelli Professionals:

Gain specialty knowledge to increase local market share.

COST: \$400

For consideration for partial scholarship, complete the Registration Application at least 30 days prior to workshop.

[Register](#) here



March 17th 6:30pm-8:30pm

Twisted Cork Wine & Cheese Tasting

Come out and try some of the best gourmet cheeses you have ever put in your mouth!

This tasting is special because it will feature some homemade cheeses made by one of our volunteers, **Roger Shook**. There will be a variety of cheeses, including cheddar, havarti and manchego (among others) to enjoy with the wines that will be presented for tasting. As a bonus, if you donate **\$20.00 to CKRH**, you can take a block of the cheese of your choice home with you.



various

So, come out, enjoy some wine, taste some homemade cheese and help raise some money for CKRH. It's best to arrive early to ensure that you get a seat.

March 26th 8:00am

26th Annual PAUL FRAZER MEMORIAL

COMBINED TESTS & DRESSAGE COMPETITION



This fundraiser is dedicated to a former CKRH Board Member who for years worked to remove physical barriers to handicapped young people in our schools.

This is the first Dressage competition of the year, adding Western Dressage for the first time this year. More information can be found on our website <http://ckrh.org/pfmcompetition.html> **Come out to support CKRH and our participants and enjoy some fantastic competition!**

***Volunteers Needed see below**



February Family Feature:

Ashley Cox - Participant since 2014, Ashley, has enjoyed driving with Maggie Garrison and Carol Dickey. She has really benefitted from driving lessons in that her confidence level has increased greatly. Being around the horses, grooming or putting the harnesses on, Ashley is making enhancements with her physical dexterity and stamina, as well as improvements with concentration. She very much enjoys being around the horses and gets very excited when she learns something new! She takes initiative and learns on her own outside of class. This year her mother, **Linda Cox**, has gotten the driving bug and will begin driving lessons as well!



What's New Around CKRH

Lee Thomas, very well known photographer, donated his time to come photograph some of our participants and staff. We now have some really great pictures to use for PR purposes, social media, etc. Here is an example of his work:



New Horses: We have 2 new off the track thoroughbreds - Archie and Biker Boy. Lisa Swanson has been working with them to get them up to speed, so to say, for our program.

Equine Troop

CKRH is collaborating with the KY Horse Park to build a summer "At Risk Youth" horsemanship program to be called "Equine Troop". The goals of the Program will focus on Life Skills, Social Skills, Resilience Skills, and building Healthy Relationships using the horse. We will be identifying youth from both Scott and Fayette Counties who may benefit from this Program. There are projected to be 16 participants, between the ages of 10-17. The Program will begin in June and run to the end of July. For more information on this special venture, contact Denise Spittler at ext 24.

Team Red White & Blue

CKRH is Proud to announce our affiliation with Team Red, White & Blue!! We will be offering weekly Horsemanship classes at CKRH beginning in March of 2016 for their members. Keep your eyes on our Facebook and Web pages for photo's of class participants and activities!! You can find more information on Team RWB at <http://www.teamrwb.org/>

Mindy Welch joined CKRH in October of 2015 as **Equine Assistant**. She is certified through the American Riding Instructor Association in Mounted Patrol Training Officer, Recreational Riding, and Stable Management. She is currently in the IT program to become a certified PATH instructor. Mindy's

background includes training police officers to become mounted officers through a 10 week training program and training horses to become police horses. One of her biggest enjoyments is training and rehabilitating Mustangs from the wild.

New Stables Instructor



Kathy Lindsey joined CKRH in January 2016 as the STABLES instructor. Kathy has a Bachelor's degree in Agricultural Education from the University of Wisconsin-Madison, an M.S in Vocational Education and an M.A. in Counseling. Her background includes teaching High School, as well as 12 years teaching Equine Management at a Technical College. After receiving her counseling degree, Kathy was employed as a mental health therapist, utilizing both traditional and equine-assisted methodology. Kathy is EAGALA certified and a Certified Clinical Trauma Professional. Her passion is helping youth and adults identify and develop their strengths; her greatest joy is watching as her clients and students learn to thrive in our complex society.

Fundraiser Information



Annual Fundraiser

Thanks to Pat Kline's brilliant idea for using a thermometer, we were able to track and show our progress throughout the fundraiser. It was exciting for everyone to watch as the red rose to the top!

We were able to win a social media contest with Ramsey's Diner by getting the most likes for our logo. Ramsey's donated \$700 to the winner

News



We are seeking volunteers for the Paul Frazer Memorial

Volunteers are needed March 19th - March 26th Please let Vickie Palmer know if you are interested in helping with this event.

New Recruits

Orientation/Training sessions will take place each [month](#). If you know someone who might be interested in volunteering with CKRH please have them fill out the online application so they can get more information and receive updates.

Winter is upon us! We will send out an email if participant lessons are cancelled. You can always check the local news stations ([18WLEX](#) & [27WKYT](#)) to find cancellation information as well.

If you are not able to make it on your scheduled day, please call or email volunteers@ckrh.org as soon as you know so we can find a sub.

Easy ways to help CKRH

Do you shop at Kroger? Sign up for [Community Rewards](#) and choose CKRH as your charity of choice!

If you shop at Amazon, please use [AmazonSmile](#) and they will donate a % of your purchases to the charity of your choice - CKRH of course!



Happy Valentine's Day!