



# STALL CHATTER...

**E-News for CKRH Volunteers!**  
**August/September 2013 Edition**

## **Session starts back next week!!!!!!!**

We have missed you all and our horses are ready to get back to work. The schedule is well on it's way to being finalized, but there are still some holes...here are some specifics – just in case you can help out :0)

**Mondays:** Sidewalkers @ 4:45-5:15pm, 5:30 – 6:15pm, and 6:30-7:15pm lessons

**Wednesdays:** Leaders and Sidewalkers @ 4:00-4:45pm and 5:00-5:45pm lesson

**Saturdays:** Sidewalkers @ 9:00-9:45am and 10:15-11:00am lessons

Staff spent most of last week meeting and reviewing procedures and have tried to *refresh* some techniques to keep everything running smoothly for lesson times. Here are a few minor changes we want everyone to be aware of. Please take a few minutes to look over the following information:

- **Lesson and Barn Volunteers:**
  - **Leaders** are responsible for making sure that your horse has a proper warm up before every lesson. Everyone will be using a basic warm-up procedure that will consist of the following; slow walk, fast walk, introducing all obstacle and/or equipment being used in the lesson, changing direction, walk/whoa combo, backing and a steady trot along the length of the arena. Additional warm-up may be requested by the instructor, as their discretion, based on that horse's usage that day. Please allow 10 minutes for warm-up in the arena prior to lessons beginning. You may be asked by the Lead Wrangler to help with getting your horse tacked and ready for the lesson prior to warming up your horse.
  - **Sidewalkers** are responsible for meeting their participants in the lobby or Family Room. Make sure that participants have used the restroom, if needed, and assure that helmets are on correctly before leaving the helmet cabinet area. Walk with your participant to the designated arena for that lesson. No participants should ever be left alone at any time. You may be asked by the Lead Wrangler to help with getting the horse tacked and ready for the lesson prior to going up front to meet your participant.
  - **Wranglers** and **Junior Volunteers** need to check in with the Lead Wrangler each day when you arrive. Wranglers and JV's are responsible for getting horses ready for lessons, pulling and tacking horses, assuring that tack is put away in it

correct location, that horses go out to correct fields, stalls and barn is clean at the end of the night. Additional duties may also need to be done based on the board and Lead Wrangler.

- **Lead Wrangler** will oversee and work with all Wranglers and JV's to ensure that all barn activities are completed as necessary for lessons to run smoothly. Once all horses are in their appropriate arena, the Lead Wrangler will move to the Lobby/Parent Room to ensure that all Participants and Sidewalkers are paired together and heading to the correct arena. Lead Wrangler will also serve as a liaison between the instructor and parents/care givers and will remind them that they are welcome to observe the lesson from the proper area; designated areas include the parent room or upstairs observation room and/or the picnic tables on the patio only. Lead Wrangler will also serve as the Safety Coordinator for that day.

I know this is a LOT of information, but not really big changes... It is the intention for this to help clarify roles and to ensure that everything in the barn runs smoothly and lessons can be successful for everyone.

---

### Surveys and Appreciation...

If you were volunteering at CKRH in the Spring 2012, you remember taking the quick and anonymous Volunteer Satisfaction Survey....well, guess what? It's time for another one. You will be pleased to know that I do read each survey and take into consideration what you have to say. Some changes have been made to reflect your ideas and suggestions, while some are still in the works. As part of a certification process I am going through, I am using the info collected from the surveys for a portfolio piece. So, please, take the survey....this is *YOUR* opportunity to speak up!

We are also starting a fun way to recognize all the little, and big, things each of you do to keep us the well running organization that we are. ***You Have Been CAUGHT Red Handed*** is a way to spotlight your fellow volunteers on a job well done. If you see something that someone did and you think they deserve some Kudos, simply get a red hand from the program room and write it on the hand and put the hand in the box provided. I will put the Red Hands up on the bulletin board on a weekly basis for all to see.

---

### STABLES

STABLES will begin their school year on Wednesday, August 14<sup>th</sup> and run during the hours of 9:00am -4:00pm M-F.

---

### Volgistics

Keep up the GREAT job with keeping up your hours up-to-date with Volgisitc!

---

## New Instructor

Julie Peterson, volunteered during the summer mini session as an instructor and has recently become a part of the CKRH Staff on a part-time basis. Julie will be teaching Mondays and Thursdays, please be sure to welcome her. We are very excited to have her wonderful experience and abundance of knowledge on our staff!

---

**Fall Session** and **Breaks**: The fall session starts on Monday, August 19<sup>th</sup> and will run through mid-November. There will be some breaks during this session:

- September 2<sup>rd</sup> CKRH closed for holiday
- September 23<sup>th</sup> – 28<sup>th</sup> TR break, no TR this week (other services as usual)
- September 28<sup>th</sup> Special Olympics at KHP: no participant services at CKRH
- October 21<sup>st</sup> – 26<sup>th</sup> Tack Sale and Trail Ride: no participant services
- November 18<sup>th</sup> – November 23<sup>rd</sup> Last week of the Fall Session
- STABLES will follow the Fayette County Schools academic yearly schedule, not the CKRH schedule.

It definitely takes a VILLAGE to run CKRH as we all know, please know how much we appreciate everyone of you! You're giving of your time, heart and dedication is just the tip of the many reasons why I love what I do and am so proud to be part of such an amazing organization. Every person involved at CKRH, no matter the capacity or the amount of time given, truly is the Heart and Soul of what we are able to do!

Peanut and I **THANK You** so much for ALL you do-

*Keri Manley*

Volunteer Coordinator

  
CKRH Helping Unleash the Healing Power of the Horse  
**RIDING  
FOR  
HOPE**  
Located at the Kentucky Horse Park  
**PO Box 13155**  
**Lexington, KY 40511**  
**859-231-7066 (O)**  
**859-252-5016(F)**

