

STALL CHATTER...

E-News for CKRH Volunteers!

April 2014

April 7 – 12, 2014 is National Volunteer **APPRECIATION** Week!

vol·un·teer *noun* \,vā-lən-'tir\
1: a person who voluntarily undertakes or expresses a willingness to undertake a service

Established in 1974, National Volunteer Week is a time to celebrate people doing extraordinary things through service. CKRH and its staff would like to acknowledge the volunteers who have given so much of their time, talents and hearts throughout the years. We look to our volunteers to be there, week after week, to help with many tasks that need to be done every day. We recognize your efforts and commitment by simply saying **THANK YOU** for being here. Thank you for your generosity and Thank You for your dedication. We celebrate the kindness and uniqueness of each and every volunteer and rejoice in the common bond that has brought us all together.

Speaking of some **AWESOME** Volunteers...

I had the privilege of spending the last week with the most incredible group of college kids from UIC (University of Illinois/Chicago). They came to us as part of the ASB (Alternative Spring Break) club at the college. The eleven slots for Central Kentucky Riding for Hope filled up quickly! The majority of the group that came is pre-nursing, PT or OT students and wanted to come learn more about CKRH and the many wonderful programs that are offered. The ASB group got to see firsthand Therapeutic Riding, Hippotherapy and Driving. Lots of good community service hours were also given to our facility (just over 537 total hours), as well as prep for and working the Paul Frazier horse show. The group also spent some quality time with the STABLES students in small group sessions on preparations necessary for college. The group did have some fun exploring the University of Kentucky one day and a very impressive tour of Cardinal Hill Rehabilitation hospital. We LOVED having them here and are so appreciative of their time and willingness to spend their Spring Break with us! Thank you for making them welcomed and comfortable and a part of our community! Here is some of their perspectives from their trip...

“By far one of the best spring breaks I've had. Meeting such kind people who hosted us and showed us what CKRH is all about made even the hardest work seem fun. I'm not sure how our group of 11 nut jobs made it out alive, but my stomach will forever hurt from laughing. Thank you all for an amazing time!”

“Back in Chicago had the best spring break of my life in Lexington Kentucky with amazing people. Thank you Keri Manley for EVERYTHING including hooking us up with bdubs last night (nothing like experiencing a UK victory in Kentucky)and the entire CKRH staff for welcoming us and being so kind. I met 10 amazing ladies that are a little over the top but I love them all.”

New SESSION Starts Next Week...



There are only 6 weeks in this part of the session. We have lots of holes that need to be filled for the new schedule that starts next week!!! If you are available to help Wednesdays (1:00pm – 4:30 pm) and/or Saturdays (8:30am – Noon) please let me know ASAP!!!!

2014 Horse Crazy Mini-CAMP:



Camp will have a Literacy component to it this summer. While reading *Finnegan and Fox, The Ten-Foot Cop* each week, campers will learn what it takes for a horse to become a police officer! At the end of camp each camper will receive their very own copy of the book. Join us at camp, as a **Leader** or **Sidewalker/counselor** and go horse CRAZY once a week, for 4 consecutive weeks of mini-camp with mounted and non-mounted activities and fun.

Camp Dates:

Mondays (June 2nd, 9th, 16th, and 23rd)
Wednesdays (June 4th, 11th, 18th, and 25th)
Thursdays (June 5th, 12th, 19th, and 26th)

Time: 5:30pm – 8:15pm

Get these dates on your calendar now! If you are interested in helping with camp – let me know and I will send you more info! Here is the link if you would like to share this exciting camp opportunity with someone you know would benefit <http://www.ckrh.org/hccamp.html>

MARK your CALENDAR! **Pony Club Camp** will be July 7th – 10th (9:00am – 4:00pm) and also July 14th – 17th (9:00am – 4:00pm). More info to come next month!!!!

Spring Session Breaks and Upcoming Events:

There will be some breaks during this session:

- April 1st – April 6th – Spring Break – no services this week
- April 7, 2014 – starts the **NEW** session
- April 21ST – April 26th – Rolex @ KY Horse Park (no services this week)
- May 18th – High Hope Steeplechase Event @ KY Horse Park
- May 31, 2014 is the last day of the session
- June 21st – STARS Event @ Keene Barn – benefitting CKRH



Looking for baskets for STARS!!!! If you have some old basket laying around your house that you would like to *donate*, we would LOVE to take them off your hands! This year's theme is **An Enchanted Garden** and all of the silent auction items will be grouped together in white wicker baskets with pink and lime green ribbons. If your baskets are not white, no worries...that is what spray paint is for.

Little Reminders:

- Be sure to come prepared for the weather! Layers, Layers, Layers.
- Please arrive at least 20 minutes prior to your scheduled lesson time so that you can be sure that your horse is ready to go on time.
- Leaders – It is your responsibility to tack your horse and warm him/her up before the lesson
- Sidwalkers – you will pick up your rider(s) from the parent room and make sure their helmet is on correctly.
- Always check the field map before taking any horse out to their field for the night!
- Be sure to Sign **IN** and **OUT** each time you are here, and please keep up with your hours in Volgistics. Tracking volunteer hours is very important to us – for many reasons.
- If you can't make it out to CKRH for **any reason**, or you are running late - call 859-231-7066 and ask for **Keri**. If I am not available – please ask to be transferred to the **Absentee Voicemail Box!** The more notice you can give, the better.
- “Like” us and follow us on Facebook and Twitter



<https://www.facebook.com/CKyRH>



<https://twitter.com/CKyRH>

It definitely takes a VILLAGE to run CKRH as we all know, please know how much we appreciate every one of you! Whether you will be a Leader, Side Walker, Wrangler, extra barn help or a sub – every volunteer role at CKRH is just as important as any other and we certainly could not run this program without dedicated volunteers. You're giving of your time, heart and dedication is just the tip of the many reasons why I love what I do and am so proud to be part of such an amazing organization. Every person involved at CKRH, no matter the capacity or the amount of time given, truly is the Heart and Soul of what we are able to do! We feel so **LUCKY** to have such wonderful Volunteers!!!

Keri

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