

# STALL CHATTER...

E-News for CKRH Volunteers!

April 2013



thanks \* thanks \* thanks \* thanks \* thanks \* thanks

## April 21 – 27, 2013 is National Volunteer **APPRECIATION** Week!

vol·un·teer *noun* \,vä-lən-'tir\  
1: a person who voluntarily undertakes or expresses a willingness to undertake a service

Established in 1974, National Volunteer Week is a time to celebrate people doing extraordinary things through service. Central Kentucky Riding for Hope and its staff would like to acknowledge our volunteers who have given so much of their time, talents and hearts throughout the years. We look to our volunteers to be there, week after week, in the heat, the rain and the cold to care for our horses, to support our riders, and to help with many tasks that need to be done every day. We recognize your efforts and commitment by simply saying **THANK YOU** for being here. Thank you for your generosity and Thank You for your dedication. We celebrate the kindness and uniqueness of each and every CKRH volunteer and rejoice in the common bond that has brought us all together.

## Speaking of some **AWESOME** Volunteers...

I had the privilege of spending the last week with the most incredible group of college kids from UIC (University of Illinois/Chicago). They came to us as part of the ASB (Alternative Spring Break) club at the college. Over 300 students applied and only 70 were chosen after an extensive interview process. The ten slots for CKRH filled up quickly! The majority of the group that came is pre-nursing, PT or OT students and wanted to come learn more about CKRH and the many wonderful programs that are offered. The ASB group got to see firsthand Therapeutic Riding, Hippotherapy and Driving. Lots of good community service hours were also given to our facility (just over 480 total hours), as well as prep for and working the Paul Frazier horse show. The group also spent some quality time with the STABLES students in small group sessions on preparations necessary for college. The group did have some fun with a road trip to Mammoth Caves one day and a very impressive tour of Cardinal Hill Rehabilitation hospital. We LOVED having them here and are so appreciative of their time and wiliness to spend their Spring Break with us!

## 2013 Night of the **STARS!**



We are in the planning stages for the 2013 Night of the STARS event! We need lots of help with contacting businesses about silent auction items and then to pick them up. If you are interested in helping with this – please contact me first! We have some volunteers that go to

the same source each year and we certainly do not want to overwhelm certain businesses while leaving others out. Just send me an email and I will put you in the weekly Friday loop.

There are copies of the 'Ask' Letter, along with contracts, in the program area next to the Volgistics computer. We will take anything and everything and put items into beautiful and creative basket/package combos.

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## 2013 SUMMER CAMPS:

We NEED counselors for camp this summer! We are offering three week long camps:

- Pony Club Camp: June 24-27 (9:00am – 4:00pm)
- Horse Crazy Camp I: July 8-11 (9:00am – 4:00pm)
- Horse Crazy Camp II: July 15-18 (9:00am – 4:00pm)
- **Mandatory** Camp Counselor Training: Saturday, June 22 (10:00am – 3:00pm)

Get these dates on your calendar now! If you are interested in helping with camp - whether you can help with one camp, two camps or all three camps – you need to be available for the entire week of camp. Everyone helping with camp **MUST** attend the Camp Counselor training – there will be NO exceptions. I am starting a Camp Counselor interest list, please let me know if you would like to be added. More details about camp will be sent out soon!

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## Spring Session Breaks and Upcoming Events:

There will be some breaks during this session:

- April 1<sup>st</sup> – April 6<sup>th</sup> – Spring Break – no services this week
  - April 22<sup>nd</sup> – April 27<sup>th</sup> – Rolex @ KY Horse Park (no services this week)
  - May 18<sup>th</sup> – Last day of this current session
  - May 18<sup>th</sup> – Military Appreciation Day at CKRH and KHP
  - May 19<sup>th</sup> – High Hope Steeplechase Event @ KY Horse Park
  - May 23 – May 25<sup>th</sup> – KDA Horse Show and Demo
  - June 15<sup>th</sup> – STARS Event @ Keene Barn – benefitting CKRH
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## Upcoming Clinics and Trainings...

All workshops listed below are FREE to attend, unless otherwise indicated, and are open to anyone in the community that would like to attend. All workshops will be held in the CKRH conference room. Please contact Keri to RSVP!

<b>April 9</b>	The Therapy Horse	6:00pm – 8:00pm
<b>June 4</b>	Surviving Challenging Behaviors (Fee \$10.00)	6:00pm – 8:00pm

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## Breaking News....

- Do you remember back in October when we all were watching for the KET **kNOw More Non-Profits** segment about CKRH??? Well – it is finally here. Watch the schedule for the airing the first week of April! Can't catch it – it will be available on 'You Tube'

starting in April also (we will link it on the CKRH facebook page). KET presented their documentary about CKRH during a special preview party during our March board meeting. As a staff member, it was inspirational and very empowering to me. It is a **MUST SEE!!!!**

- **Kroger Cards are Back!** This is an EASY way for CKRH to do fundraising without doing anything different than buying your groceries at Kroger. Get a gift card from Keri, load money onto your gift card and then use that gift card to pay for your groceries (this also qualifies you for points with Kroger Plus card). For every \$5000 spent through our gift cards, CKRH get 4% back! This **does not** work with just any gift card – it has to be a *special card* that you get from Keri!
  - If you know of anyone who would make an excellent addition to the **AWESOME volunteer** base at CKRH, please send them in Keri's direction.
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### Little Reminders:

- Be sure to come prepared for the weather! Layers, Layers, Layers.
- Please arrive at least 20 minutes prior to your scheduled lesson time so that you can be sure that your horse is ready to go on time.
- Leaders – It is your responsibility to tack your horse and warm him/her up before the lesson
- Sidewalkers – you will pick up your rider(s) from the parent room and make sure their helmet is on correctly.
- Always check the field map before taking any horse out to their field for the night!
- Be sure to Sign **IN** and **OUT** each time you are here, and please keep up with your hours in Volgistics. Tracking volunteer hours is very important to us – for many reasons.
- If you can't make it out to CKRH for **any reason**, or you are running late - call 859-231-7066 and ask for **Keri**. If I am not available – please ask to be transferred to the **Absentee Voicemail Box!** The more notice you can give, the better.

It definitely takes a VILLAGE to run CKRH as we all know, please know how much we appreciate everyone of you! Whether you will be a Leader, Side Walker, Wrangler, extra barn help or a sub – every volunteer role at CKRH is just as important as any other and we certainly could not run this program without dedicated volunteers. You're giving of your time, heart and dedication is just the tip of the many reasons why I love what I do and am so proud to be part of such an amazing organization. Every person involved at CKRH, no matter the capacity or the amount of time given, truly is the Heart and Soul of what we are able to do! We feel so **LUCKY** to have such wonderful Volunteers!!!

*Keri Manley*

Keri Manley, Volunteer Coordinator  
Central Kentucky Riding for Hope